

Kathy Mingo
skeptiko #430



Are Auras Real?

Skeptiko Topics:

Consciousness Science
Parapsychology
Near-Death Experience
Spirituality
Skeptics/Skepticism
Psi
Psychics & Mediums
Atheism
UFO
Neuroscience
Conspiracy Theories
Contactee Experience
OBE

1
00:00:09,890 --> 00:00:07,849
welcome to skeptical where we explore

2
00:00:12,770 --> 00:00:09,900
controversial science and spirituality

3
00:00:15,049 --> 00:00:12,780
with leading researchers thinkers and

4
00:00:17,930 --> 00:00:15,059
their critics I'm your host Alex seekers

5
00:00:21,019 --> 00:00:17,940
and as many of you know one of the goals

6
00:00:24,140 --> 00:00:21,029
of this show is to push past the stuck

7
00:00:26,779 --> 00:00:24,150
on stupid discussion around extended

8
00:00:29,839 --> 00:00:26,789
consciousness and that's really where

9
00:00:31,759 --> 00:00:29,849
science has pushed us hasn't it I mean

10
00:00:34,700 --> 00:00:31,769
let's take past life regression for

11
00:00:37,220 --> 00:00:34,710
example science would of course dismiss

12
00:00:39,380 --> 00:00:37,230
the entire phenomena with a wave of the

13
00:00:41,000 --> 00:00:39,390

hand and maybe a little gibberish about

14

00:00:44,000 --> 00:00:41,010

extraordinary claims require

15

00:00:46,940 --> 00:00:44,010

extraordinary proof worse yet

16

00:00:49,549 --> 00:00:46,950

we'd be told as we often are that it's

17

00:00:52,880 --> 00:00:49,559

actually a scam perpetrated by greedy

18

00:00:56,299 --> 00:00:52,890

New Agers who are looking to exploit the

19

00:00:59,930 --> 00:00:56,309

weak and gullible so how do we push past

20

00:01:02,330 --> 00:00:59,940

that blockade that the pseudo skeptics

21

00:01:03,799 --> 00:01:02,340

have built well first of all I'd suggest

22

00:01:07,010 --> 00:01:03,809

that you need the right kind of guests

23

00:01:09,530 --> 00:01:07,020

and I'm thinking and hoping that we

24

00:01:12,289 --> 00:01:09,540

might have just that kind of guest today

25

00:01:15,020 --> 00:01:12,299

Kathy Mingo is a psychic in a medium in

26

00:01:17,570 --> 00:01:15,030

the UK she specializes in past life

27

00:01:19,510 --> 00:01:17,580

regression and shamanic healing work

28

00:01:22,340 --> 00:01:19,520

she's going to tell us what that means

29

00:01:25,070 --> 00:01:22,350

she comes to us highly recommended by

30

00:01:28,100 --> 00:01:25,080

her friend Claire Broad who documents

31

00:01:32,690 --> 00:01:28,110

her own rather amazing experience with

32

00:01:36,109 --> 00:01:32,700

Kathy in her new book and as a special

33

00:01:39,350 --> 00:01:36,119

bonus as Kathy and I were just chatting

34

00:01:44,649 --> 00:01:39,360

about kathy has been brave enough and

35

00:01:48,770 --> 00:01:47,300

but she is agreed to try and do some

36

00:01:50,030 --> 00:01:48,780

kind of demonstration I don't know how

37

00:01:51,710 --> 00:01:50,040

it's gonna turn out she's never done

38

00:01:54,260 --> 00:01:51,720

anything like this we're not like trying

39

00:01:56,149 --> 00:01:54,270

to test her in any way because she said

40

00:01:58,550 --> 00:01:56,159

I've never done anything like that but I

41

00:02:02,209 --> 00:01:58,560

thought since her work is kind of

42

00:02:05,810 --> 00:02:02,219

unusual and unique that just to get

43

00:02:07,399 --> 00:02:05,820

people to give all of you and me a sense

44

00:02:10,160 --> 00:02:07,409

for what it's about we might do a

45

00:02:12,020 --> 00:02:10,170

demonstration so with all that Kathy

46

00:02:13,270 --> 00:02:12,030

welcome to skeptic oh and thank you so

47

00:02:15,070 --> 00:02:13,280

much for joining me

48

00:02:17,770 --> 00:02:15,080

well thanks Alex and thanks for having

49

00:02:20,590 --> 00:02:17,780

me and kind to everyone let's get to Co

50

00:02:24,490 --> 00:02:20,600

listening well great

51
00:02:27,940 --> 00:02:24,500
awesome you know as I explained to you I

52
00:02:31,000 --> 00:02:27,950
kind of have evolved into playing this

53
00:02:35,880 --> 00:02:31,010
little game that I call got to coach

54
00:02:39,250 --> 00:02:35,890
jeopardy and this one since my

55
00:02:42,760 --> 00:02:39,260
introduction was kind of limited I think

56
00:02:48,610 --> 00:02:42,770
the natural place to start is with you

57
00:02:51,729 --> 00:02:48,620
and okay Cathy Mingo okay well I'm just

58
00:02:53,440 --> 00:02:51,739
right ordinary person that just happens

59
00:02:56,320 --> 00:02:53,450
to do what some people call an

60
00:02:59,020 --> 00:02:56,330
extraordinary job I don't think it is I

61
00:03:00,550 --> 00:02:59,030
just think what I do is very natural I

62
00:03:04,180 --> 00:03:00,560
do need to put caveat and I don't

63
00:03:05,890 --> 00:03:04,190

actually call myself a medium but when I

64

00:03:08,320 --> 00:03:05,900

mean someone's already filled so that's

65

00:03:11,199 --> 00:03:08,330

what I would do I work through someone's

66

00:03:14,260 --> 00:03:11,209

bioplasmic or a field so the energy

67

00:03:17,320 --> 00:03:14,270

around the body or the aura and by just

68

00:03:19,539 --> 00:03:17,330

as a by-product sometimes quite often

69

00:03:23,080 --> 00:03:19,549

people that have passed over come in to

70

00:03:25,479 --> 00:03:23,090

say hello so it's literally it's a

71

00:03:27,250 --> 00:03:25,489

byproduct of what I do can I jump in

72

00:03:29,860 --> 00:03:27,260

there with the question because I think

73

00:03:33,340 --> 00:03:29,870

that there is you say that in such a

74

00:03:34,960 --> 00:03:33,350

matter-of-fact way no it's great

75

00:03:36,940 --> 00:03:34,970

it's great I love that because that's

76
00:03:39,310 --> 00:03:36,950
where we want to go but I think then we

77
00:03:44,050 --> 00:03:39,320
need to step back and say what is your

78
00:03:46,270 --> 00:03:44,060
understanding of an aura how am I your

79
00:03:49,150 --> 00:03:46,280
understanding of an aura be different

80
00:03:51,100 --> 00:03:49,160
than you know some of the other stuff

81
00:03:53,250 --> 00:03:51,110
you hear out there in terms of other

82
00:03:57,490 --> 00:03:53,260
people and they talk about auras or or a

83
00:03:59,410 --> 00:03:57,500
cameras or being you know do you have

84
00:04:01,210 --> 00:03:59,420
any understandings of that that are

85
00:04:03,370 --> 00:04:01,220
different than what people might

86
00:04:06,640 --> 00:04:03,380
normally encounter and then related to

87
00:04:09,490 --> 00:04:06,650
that why do you think that's real when

88
00:04:12,670 --> 00:04:09,500

did that come into your experience that

89

00:04:14,770 --> 00:04:12,680

there is such a thing okay there's a

90

00:04:18,460 --> 00:04:14,780

long answer this I will do as quickly as

91

00:04:19,979 --> 00:04:18,470

I can so I was trained as a past life

92

00:04:23,440 --> 00:04:19,989

regression therapist from hypnosis

93

00:04:27,100 --> 00:04:23,450

that's where my training came from so I

94

00:04:29,439 --> 00:04:27,110

was working in a shop called quest and

95

00:04:31,300 --> 00:04:29,449

the medium had not shown up that day so

96

00:04:33,159 --> 00:04:31,310

I was asked would you fill in and I

97

00:04:35,679 --> 00:04:33,169

thought like I'm doing with this I kind

98

00:04:37,629 --> 00:04:35,689

of thought I have to try everything I'm

99

00:04:40,089 --> 00:04:37,639

like that I I'm kind of off the hook so

100

00:04:40,659 --> 00:04:40,099

I will give anything a go no harm no

101
00:04:43,450 --> 00:04:40,669
foul

102
00:04:46,270 --> 00:04:43,460
so this man turned up and I said to him

103
00:04:48,670 --> 00:04:46,280
all I know and all I could understand

104
00:04:51,879 --> 00:04:48,680
that I needed him to do was to lie down

105
00:04:55,570 --> 00:04:51,889
so I could go through his auric field I

106
00:04:59,890 --> 00:04:55,580
see it as a field of quantum energy

107
00:05:03,390 --> 00:04:59,900
around the body that houses information

108
00:05:05,740 --> 00:05:03,400
both from the past and from the future I

109
00:05:08,950 --> 00:05:05,750
see it like that I see it as a

110
00:05:10,180 --> 00:05:08,960
holographic sphere if you will let me

111
00:05:13,360 --> 00:05:10,190
push on that a little bit further

112
00:05:15,850 --> 00:05:13,370
because I'm just really interested when

113
00:05:18,850 --> 00:05:15,860

you say that's how you see it is that

114

00:05:22,330 --> 00:05:18,860

because that's how you were trained I

115

00:05:24,369 --> 00:05:22,340

wasn't trained in it at all so what was

116

00:05:25,360 --> 00:05:24,379

that experience like then I mean that

117

00:05:27,339 --> 00:05:25,370

that whole experience

118

00:05:29,019 --> 00:05:27,349

we could probably deconstruct it's it's

119

00:05:31,800 --> 00:05:29,029

incredibly interesting I mean first of

120

00:05:37,689 --> 00:05:31,810

all how do you wind up in a class for

121

00:05:40,390 --> 00:05:37,699

past life regression question my whole

122

00:05:44,219 --> 00:05:40,400

life my whole life has been a series of

123

00:05:46,749 --> 00:05:44,229

entwined synchronicities but had I not

124

00:05:49,329 --> 00:05:46,759

listen to that would have I wouldn't be

125

00:05:52,089 --> 00:05:49,339

where I am now so I'm very open on if

126

00:05:55,119 --> 00:05:52,099

I'm guided by the universal flow if you

127

00:05:57,730 --> 00:05:55,129

will I'll always go with it so I was I

128

00:06:00,550 --> 00:05:57,740

would do aggressive it I was I'm a

129

00:06:02,860 --> 00:06:00,560

crappie I'm a crop circle fan so I was

130

00:06:04,959 --> 00:06:02,870

in Wiltshire on top of the hill I didn't

131

00:06:06,550 --> 00:06:04,969

know what I was doing with my life and I

132

00:06:07,029 --> 00:06:06,560

literally put my hands up to universe

133

00:06:09,189 --> 00:06:07,039

and went

134

00:06:12,249 --> 00:06:09,199

can you like give me a bit of a clue I

135

00:06:14,740 --> 00:06:12,259

get home from my holiday and on the mat

136

00:06:15,670 --> 00:06:14,750

of my um flats through the door through

137

00:06:18,969 --> 00:06:15,680

the postbox

138

00:06:21,550 --> 00:06:18,979

was an invitation to do past life

139

00:06:23,709 --> 00:06:21,560

regression therapy so I called them and

140

00:06:25,809 --> 00:06:23,719

I went I have no idea how you've got my

141

00:06:27,999 --> 00:06:25,819

address because I never signed up for

142

00:06:30,550 --> 00:06:28,009

this the woman searched and she went

143

00:06:32,980 --> 00:06:30,560

you're not actually on my database so

144

00:06:35,889 --> 00:06:32,990

are we great I'll sign up because I just

145

00:06:37,360 --> 00:06:35,899

thought that was I'd asked so I went and

146

00:06:38,790 --> 00:06:37,370

did past life regression and through

147

00:06:42,300 --> 00:06:38,800

training through hypnosis

148

00:06:48,689 --> 00:06:42,310

that was what I initially did okay so I

149

00:06:51,590 --> 00:06:48,699

mean I know well no it's not just it is

150

00:06:54,810 --> 00:06:51,600

fantastical definitely it does

151
00:06:57,450 --> 00:06:54,820
correspond with so many stories we've

152
00:07:00,900 --> 00:06:57,460
heard in the past about synchronicities

153
00:07:02,850 --> 00:07:00,910
few of us including myself have been

154
00:07:05,250 --> 00:07:02,860
brave enough to always follow those

155
00:07:06,930 --> 00:07:05,260
synchronicities as I think sometimes we

156
00:07:09,870 --> 00:07:06,940
look back and go wow

157
00:07:13,140 --> 00:07:09,880
why didn't I trust that more yeah this

158
00:07:15,450 --> 00:07:13,150
is it is no doubt a profound coincidence

159
00:07:18,090 --> 00:07:15,460
I'd even let's we're gonna keep peeling

160
00:07:22,100 --> 00:07:18,100
back the layers here when you say you're

161
00:07:24,300 --> 00:07:22,110
a crappie and yeah you know lili

162
00:07:27,840 --> 00:07:24,310
appreciate that on one hand on the other

163
00:07:31,140 --> 00:07:27,850

hand it's like no dammit I mean it seems

164

00:07:33,240 --> 00:07:31,150

to be something very very important to

165

00:07:35,490 --> 00:07:33,250

you and the larger question of what's

166

00:07:37,529 --> 00:07:35,500

going on with crop circles is incredibly

167

00:07:40,770 --> 00:07:37,539

important we've done a couple of shows

168

00:07:43,279 --> 00:07:40,780

on them and people that have have the

169

00:07:46,440 --> 00:07:43,289

one thing that I get about crop circles

170

00:07:50,310 --> 00:07:46,450

that I think is worth exploring is that

171

00:07:52,589 --> 00:07:50,320

if we separate the crop circles for a

172

00:07:55,560 --> 00:07:52,599

minute from their origin in terms of

173

00:07:57,870 --> 00:07:55,570

their assumed origin are yes he comes

174

00:07:59,879 --> 00:07:57,880

down in his craft and get back to

175

00:08:02,040 --> 00:07:59,889

something that so many people have

176

00:08:04,020 --> 00:08:02,050

reported and kind of demonstrated in

177

00:08:06,719 --> 00:08:04,030

some ways is that there is some

178

00:08:09,839 --> 00:08:06,729

connection to extended consciousness it

179

00:08:14,520 --> 00:08:09,849

even comes through being in these crop

180

00:08:16,680 --> 00:08:14,530

circles they are both a portal for this

181

00:08:18,750 --> 00:08:16,690

extended realm whatever that extending

182

00:08:21,960 --> 00:08:18,760

them is and they're in-between this

183

00:08:23,520 --> 00:08:21,970

physical realm and they're so I guess we

184

00:08:25,379 --> 00:08:23,530

do have to peel back there and say what

185

00:08:28,980 --> 00:08:25,389

is your understanding of what a crop

186

00:08:33,570 --> 00:08:28,990

circle is and what is your connection to

187

00:08:35,279 --> 00:08:33,580

crop circles okay so my belief system

188

00:08:37,230 --> 00:08:35,289

and it is mine is a very it's a

189

00:08:39,779 --> 00:08:37,240

contentious subject crop circles

190

00:08:41,550 --> 00:08:39,789

especially in the crop circle community

191

00:08:45,240 --> 00:08:41,560

itself there are some that are

192

00:08:47,430 --> 00:08:45,250

definitely man-made i 100% know that but

193

00:08:49,199 --> 00:08:47,440

what's interesting is when I've heard

194

00:08:52,240 --> 00:08:49,209

crop circle make it some of them are not

195

00:08:54,280 --> 00:08:52,250

so I will get told off from the man-made

196

00:08:56,320 --> 00:08:54,290

fiction that say they're all man-made

197

00:08:58,210 --> 00:08:56,330

and then there's the other section that

198

00:09:01,300 --> 00:08:58,220

say there none of them are man-made I do

199

00:09:04,540 --> 00:09:01,310

feel that there is disinformation weaved

200

00:09:06,610 --> 00:09:04,550

in too perhaps as there is with

201
00:09:08,710 --> 00:09:06,620
everything isn't there again and people

202
00:09:10,720 --> 00:09:08,720
go nuts when I do this all the time but

203
00:09:12,760 --> 00:09:10,730
I'm sorry because so many of the things

204
00:09:13,870 --> 00:09:12,770
you said there are super important one

205
00:09:16,060 --> 00:09:13,880
of the things that I learned when I

206
00:09:18,130 --> 00:09:16,070
first started investigating crop circles

207
00:09:20,940 --> 00:09:18,140
is even the distinctions you're making

208
00:09:25,330 --> 00:09:20,950
become very blurred in terms of paid

209
00:09:27,460 --> 00:09:25,340
versus not man-made because what we

210
00:09:30,850 --> 00:09:27,470
found is when we really go push the

211
00:09:32,980 --> 00:09:30,860
people who admit to them being man-made

212
00:09:35,980 --> 00:09:32,990
they say yeah it was man-made but you

213
00:09:38,110 --> 00:09:35,990

know what it was kind of strange that

214

00:09:40,900 --> 00:09:38,120

was woken up out of a dream at 2:00 a.m.

215

00:09:43,300 --> 00:09:40,910

in the morning and I had this image that

216

00:09:46,480 --> 00:09:43,310

I should go this jig this complex

217

00:09:49,410 --> 00:09:46,490

geometric image that I should go put in

218

00:09:53,680 --> 00:09:49,420

a field and I did it now is that

219

00:09:55,930 --> 00:09:53,690

man-made in the usual way we I suppose

220

00:09:59,560 --> 00:09:55,940

man-made in the way that the formation

221

00:10:01,990 --> 00:09:59,570

is laid down physically but I know that

222

00:10:03,790 --> 00:10:02,000

there is um I know that there's

223

00:10:06,820 --> 00:10:03,800

consciousness that happens within crop

224

00:10:09,579 --> 00:10:06,830

circles man may crop circles many of the

225

00:10:12,430 --> 00:10:09,589

crop circle makers say that there is

226

00:10:13,930 --> 00:10:12,440

paranormal hate that word I think it's

227

00:10:17,380 --> 00:10:13,940

normal but let's just call it paranormal

228

00:10:19,210 --> 00:10:17,390

for the sake of this conversation they

229

00:10:22,360 --> 00:10:19,220

they have things that happen cameras

230

00:10:24,579 --> 00:10:22,370

don't work they do have I have

231

00:10:26,579 --> 00:10:24,589

manifested the crop circle myself but I

232

00:10:30,070 --> 00:10:26,589

think we will talk about that later on

233

00:10:34,050 --> 00:10:30,080

manifested a glyph that you couldn't

234

00:10:37,270 --> 00:10:34,060

dismiss it was I connecting into a

235

00:10:38,850 --> 00:10:37,280

man-made conscious as one of them one of

236

00:10:43,030 --> 00:10:38,860

the crop circle makers that I do know

237

00:10:45,310 --> 00:10:43,040

said that he's God's pencil I love that

238

00:10:48,250 --> 00:10:45,320

because they wherever they lives come

239

00:10:50,710 --> 00:10:48,260

from it's coming from consciousness I

240

00:10:53,770 --> 00:10:50,720

believe well that's a very interesting

241

00:10:55,960 --> 00:10:53,780

and important point there because would

242

00:10:59,050 --> 00:10:55,970

you say God's pencil that puts us in a

243

00:11:00,970 --> 00:10:59,060

different direction and does the et

244

00:11:02,770 --> 00:11:00,980

explanation and I don't want to get away

245

00:11:04,750 --> 00:11:02,780

from the et explanation because we want

246

00:11:06,020 --> 00:11:04,760

to we don't know what that means either

247

00:11:07,940 --> 00:11:06,030

but it is

248

00:11:11,210 --> 00:11:07,950

you know we might want to go to what if

249

00:11:13,400 --> 00:11:11,220

we return to your story then okay some

250

00:11:16,970 --> 00:11:13,410

kind of spiritual transformative

251
00:11:21,140 --> 00:11:16,980
experience for you that was associated

252
00:11:24,920 --> 00:11:21,150
with you being in this crop circle or

253
00:11:28,640 --> 00:11:24,930
being part of the crop circle community

254
00:11:32,570 --> 00:11:28,650
or experience absolutely absolutely my

255
00:11:34,720 --> 00:11:32,580
whole spiritual existence I think into

256
00:11:37,970 --> 00:11:34,730
over in synchronicity

257
00:11:39,350 --> 00:11:37,980
because I may be the area that the crop

258
00:11:41,030 --> 00:11:39,360
circles are in as well which is very

259
00:11:43,460 --> 00:11:41,040
special which is the Wiltshire landscape

260
00:11:45,680 --> 00:11:43,470
so that also has a lot of ley lines so

261
00:11:48,500 --> 00:11:45,690
there's there's that interwoven with it

262
00:11:49,640 --> 00:11:48,510
as well I think but when I just come out

263
00:11:51,710 --> 00:11:49,650

and literally come out of the crop

264

00:11:55,580 --> 00:11:51,720

circle that day which was a beauty there

265

00:11:58,160 --> 00:11:55,590

was a lot of transcendent energy that

266

00:12:00,260 --> 00:11:58,170

was going on you can sometimes if you

267

00:12:03,290 --> 00:12:00,270

lay down there long enough if the farmer

268

00:12:04,790 --> 00:12:03,300

allows because there's also the cost of

269

00:12:08,870 --> 00:12:04,800

lost crop and everything else that goes

270

00:12:10,610 --> 00:12:08,880

into it there's almost a kind of time

271

00:12:12,530 --> 00:12:10,620

slip I thought there I'm not saying

272

00:12:15,440 --> 00:12:12,540

alien I'm just saying you can sometimes

273

00:12:18,470 --> 00:12:15,450

lose time in a way that I think it's

274

00:12:20,329 --> 00:12:18,480

very meditative it's it is transformer

275

00:12:24,710 --> 00:12:20,339

transformative I think it's almost

276

00:12:26,780 --> 00:12:24,720

metaphoric that would be mine so when I

277

00:12:29,300 --> 00:12:26,790

stood there on that hill which was on

278

00:12:32,450 --> 00:12:29,310

milk Hill which is being very famous

279

00:12:34,579 --> 00:12:32,460

crop circles and put my arms up I didn't

280

00:12:36,260 --> 00:12:34,589

expect that the answer would be you know

281

00:12:37,820 --> 00:12:36,270

we expect an answer right away don't we

282

00:12:39,829 --> 00:12:37,830

like you know God's gonna come down with

283

00:12:41,900 --> 00:12:39,839

whoever and give us this great answer

284

00:12:44,240 --> 00:12:41,910

but sometimes time doesn't work like

285

00:12:47,750 --> 00:12:44,250

that so I had to look at this leaflet

286

00:12:50,780 --> 00:12:47,760

from this past life regression college

287

00:12:52,040 --> 00:12:50,790

which I'd never even contacted I felt

288

00:12:56,210 --> 00:12:52,050

right well I need to go down that route

289

00:12:58,820 --> 00:12:56,220

which I did so pick it back up on your

290

00:13:00,800 --> 00:12:58,830

story this is great stuff Cathy I

291

00:13:02,870 --> 00:13:00,810

thought this is a great stuff so picking

292

00:13:04,730 --> 00:13:02,880

back up in the story incredible

293

00:13:07,040 --> 00:13:04,740

coincidence right there's the lease you

294

00:13:11,450 --> 00:13:07,050

call up your name isn't even on the list

295

00:13:14,750 --> 00:13:11,460

on the list okay knock three times I'm

296

00:13:17,150 --> 00:13:14,760

answering and then the further

297

00:13:19,640 --> 00:13:17,160

coincidence that you're in a class and I

298

00:13:20,120 --> 00:13:19,650

mean it just would sound bizarre if we

299

00:13:21,800 --> 00:13:20,130

didn't have

300

00:13:23,750 --> 00:13:21,810

rest of the story that the teacher would

301
00:13:26,360 --> 00:13:23,760
pick up and leave one day and say Kathy

302
00:13:29,600 --> 00:13:26,370
you take over and you would proceed to

303
00:13:31,130 --> 00:13:29,610
just kind of do this auric kind of thing

304
00:13:32,990 --> 00:13:31,140
yeah you don't even know that you're

305
00:13:34,460 --> 00:13:33,000
trained to do but it doesn't have

306
00:13:35,810 --> 00:13:34,470
happens the other thing I find

307
00:13:38,300 --> 00:13:35,820
interesting I'd like you to kind of

308
00:13:41,990 --> 00:13:38,310
expand upon a little bit is that you

309
00:13:44,000 --> 00:13:42,000
seem to process this as energy and that

310
00:13:45,260 --> 00:13:44,010
you even through quantum energy and

311
00:13:47,080 --> 00:13:45,270
we're not even going to go there because

312
00:13:49,580 --> 00:13:47,090
we don't know exactly what that means

313
00:13:51,080 --> 00:13:49,590

but I take it that that's how you are

314

00:13:54,110 --> 00:13:51,090

experiencing this you're not

315

00:13:55,700 --> 00:13:54,120

experiencing the voice of God you didn't

316

00:13:57,920 --> 00:13:55,710

see the Virgin Mary you didn't see gee

317

00:14:00,740 --> 00:13:57,930

you don't see any of that you saw lights

318

00:14:02,240 --> 00:14:00,750

and energy around a person what do you

319

00:14:05,530 --> 00:14:02,250

think that means

320

00:14:09,470 --> 00:14:05,540

number one and number two how has that

321

00:14:11,780 --> 00:14:09,480

kind of unfolded and proven itself to

322

00:14:14,000 --> 00:14:11,790

you as your practice is going on you've

323

00:14:17,110 --> 00:14:14,010

worked now with hundreds or I don't know

324

00:14:19,220 --> 00:14:17,120

thousands appear yeah I mean or is a

325

00:14:21,530 --> 00:14:19,230

it's not with your great words for it

326

00:14:24,260 --> 00:14:21,540

either to be fair but so when this sum

327

00:14:26,990 --> 00:14:24,270

when this man all I knew was that to

328

00:14:29,870 --> 00:14:27,000

work in this man's energy he needed to

329

00:14:32,510 --> 00:14:29,880

lie down for some reason and I knew I

330

00:14:35,330 --> 00:14:32,520

needed to I don't touch I just put my

331

00:14:37,460 --> 00:14:35,340

hands over and he's lying there I didn't

332

00:14:39,590 --> 00:14:37,470

know this man from Adam and I could I

333

00:14:42,620 --> 00:14:39,600

went on and on about this I said to him

334

00:14:45,830 --> 00:14:42,630

you've got pins in your neck down your

335

00:14:48,350 --> 00:14:45,840

neck down your spine and he went Kathy I

336

00:14:49,580 --> 00:14:48,360

haven't and usually I would have gone

337

00:14:52,310 --> 00:14:49,590

though I've got this wrong I couldn't

338

00:14:54,260 --> 00:14:52,320

let it go so I went I couldn't let it go

339

00:14:55,670 --> 00:14:54,270

and I kept saying it we talked to his

340

00:14:56,630 --> 00:14:55,680

grandfather blah blah I didn't think

341

00:14:59,120 --> 00:14:56,640

anything of it

342

00:15:02,210 --> 00:14:59,130

and literally about 48 hours late he got

343

00:15:04,820 --> 00:15:02,220

hit by a truck because he was a

344

00:15:06,710 --> 00:15:04,830

motorcyclist and the next time he came

345

00:15:10,310 --> 00:15:06,720

to me everywhere that these pins had

346

00:15:12,980 --> 00:15:10,320

been I felt and seen where they actually

347

00:15:15,770 --> 00:15:12,990

were physically so that kind of blew my

348

00:15:17,330 --> 00:15:15,780

mind a bit blew his mind as well because

349

00:15:21,410 --> 00:15:17,340

the next time he came to see me was in

350

00:15:25,610 --> 00:15:21,420

one of those great big head halos so I

351
00:15:28,010 --> 00:15:25,620
don't know how to explain that well you

352
00:15:32,360 --> 00:15:28,020
know there's two parts of that is one is

353
00:15:33,860 --> 00:15:32,370
how you would explain it and then to I

354
00:15:34,070 --> 00:15:33,870
guess that's what you're saying when you

355
00:15:35,600 --> 00:15:34,080
say

356
00:15:37,430 --> 00:15:35,610
how would you explain it the other part

357
00:15:39,080 --> 00:15:37,440
of it is what are the implications of

358
00:15:40,460 --> 00:15:39,090
that and that's what I was kind of so I

359
00:15:41,840 --> 00:15:40,470
want to break that down a little bit for

360
00:15:44,390 --> 00:15:41,850
folks cuz that's what I was alluding to

361
00:15:45,830 --> 00:15:44,400
in the intro to the show and sometimes

362
00:15:48,310 --> 00:15:45,840
people think it just sounds like an

363
00:15:50,840 --> 00:15:48,320

angry rant or something like that ya

364

00:15:52,970 --> 00:15:50,850

know that it's it's not really that it's

365

00:15:55,610 --> 00:15:52,980

like we have to really understand how

366

00:15:58,220 --> 00:15:55,620

we've been blocked from really asking

367

00:15:59,600 --> 00:15:58,230

questions in a deeper way and that's

368

00:16:01,400 --> 00:15:59,610

what we're going to try and do now we're

369

00:16:02,570 --> 00:16:01,410

going to try and wrestle some hunches

370

00:16:05,930 --> 00:16:02,580

out of you you don't have to have the

371

00:16:09,530 --> 00:16:05,940

complete answer like but you have a

372

00:16:11,870 --> 00:16:09,540

hunch you know because once we say okay

373

00:16:13,430 --> 00:16:11,880

there is something there that we want to

374

00:16:15,890 --> 00:16:13,440

dig into there's a bunch of questions

375

00:16:19,310 --> 00:16:15,900

that fall from that like what is our

376

00:16:21,920 --> 00:16:19,320

relationship to time was a natural thing

377

00:16:23,990 --> 00:16:21,930

about that the other is this whole

378

00:16:26,600 --> 00:16:24,000

question of healing I mean there's

379

00:16:28,820 --> 00:16:26,610

questions about healing that I don't see

380

00:16:31,220 --> 00:16:28,830

ask very much at all I mean from a

381

00:16:33,020 --> 00:16:31,230

spiritual perspective yeah why healing

382

00:16:35,960 --> 00:16:33,030

why do we need to heal should we heal

383

00:16:38,300 --> 00:16:35,970

are we on a healing path or not on a

384

00:16:41,540 --> 00:16:38,310

healing path what does that mean what is

385

00:16:44,150 --> 00:16:41,550

your role in that why do you need to be

386

00:16:46,100 --> 00:16:44,160

involved in that you know I mean you're

387

00:16:48,290 --> 00:16:46,110

God's pencil well maybe here's God's

388

00:16:50,300 --> 00:16:48,300

plan is for someone to be healed or not

389

00:16:52,700 --> 00:16:50,310

healed I mean there are a million

390

00:16:55,910 --> 00:16:52,710

questions there I don't even care which

391

00:16:58,430 --> 00:16:55,920

one we start with but since i teed it up

392

00:16:59,390 --> 00:16:58,440

what does that experience that you just

393

00:17:03,110 --> 00:16:59,400

described

394

00:17:06,400 --> 00:17:03,120

tell us about time I think it tells us

395

00:17:08,710 --> 00:17:06,410

that well for me at least see I

396

00:17:10,820 --> 00:17:08,720

struggled with the concept of time

397

00:17:14,689 --> 00:17:10,830

especially within New York field like

398

00:17:15,439 --> 00:17:14,699

past future it's so finite isn't it and

399

00:17:18,590 --> 00:17:15,449

we're dealing with

400

00:17:22,490 --> 00:17:18,600

I think infinity for me energy is energy

401

00:17:24,530 --> 00:17:22,500

it's infinite but time places is

402

00:17:26,990 --> 00:17:24,540

constriction but something's in the past

403

00:17:30,410 --> 00:17:27,000

or something's in the future but when

404

00:17:33,530 --> 00:17:30,420

when he was lying there obviously in our

405

00:17:36,950 --> 00:17:33,540

cup Oriole sense I was going into what I

406

00:17:38,540 --> 00:17:36,960

call the future but for him this might

407

00:17:40,520 --> 00:17:38,550

be a bit controversial but I do believe

408

00:17:42,260 --> 00:17:40,530

that the auric field is like a book and

409

00:17:43,850 --> 00:17:42,270

if you read a book you can read the

410

00:17:45,200 --> 00:17:43,860

front or the back can't you you can go

411

00:17:47,690 --> 00:17:45,210

straight to the back and know the ending

412

00:17:49,930 --> 00:17:47,700

or I believe in the

413

00:17:52,789 --> 00:17:49,940

more than I'm starting to do energy work

414

00:17:58,399 --> 00:17:52,799

that's what we're dealing with some sort

415

00:18:00,110 --> 00:17:58,409

of information packet like a SIM card so

416

00:18:01,610 --> 00:18:00,120

I was just going a little bit forward

417

00:18:03,919 --> 00:18:01,620

into the information because I couldn't

418

00:18:05,470 --> 00:18:03,929

have been known that I should have said

419

00:18:07,340 --> 00:18:05,480

to him don't go on your motorbike

420

00:18:08,990 --> 00:18:07,350

because you're going that but I didn't

421

00:18:10,610 --> 00:18:09,000

because I wasn't given that information

422

00:18:13,129 --> 00:18:10,620

it was very matter-of-fact this is

423

00:18:15,789 --> 00:18:13,139

what's what I see and this is what ended

424

00:18:20,590 --> 00:18:15,799

up happening I can't change the outcome

425

00:18:23,690 --> 00:18:20,600

maybe not for me to change perhaps so

426

00:18:25,370 --> 00:18:23,700

let's dig in a little bit further in

427

00:18:28,279 --> 00:18:25,380

terms of because I like people to be

428

00:18:32,000 --> 00:18:28,289

interested in this what you think you're

429

00:18:35,470 --> 00:18:32,010

actually doing than during this healing

430

00:18:39,230 --> 00:18:35,480

process because healing is super

431

00:18:42,560 --> 00:18:39,240

important to so many of us for so many

432

00:18:44,870 --> 00:18:42,570

reasons we're suffering we think we need

433

00:18:48,190 --> 00:18:44,880

relief from that suffering and we're

434

00:18:51,139 --> 00:18:48,200

seeking healing and you're offering that

435

00:18:52,669 --> 00:18:51,149

service that seems to work for so many

436

00:18:55,460 --> 00:18:52,679

people so you have people come in and

437

00:18:58,310 --> 00:18:55,470

said I felt this way before I felt

438

00:19:00,139 --> 00:18:58,320

better after you could go do the science

439

00:19:03,019 --> 00:19:00,149

and I'd love to go do the science on

440

00:19:04,700 --> 00:19:03,029

that but we can't in this interview we

441

00:19:04,909 --> 00:19:04,710

just have to kind of take your word for

442

00:19:07,879 --> 00:19:04,919

it

443

00:19:10,850 --> 00:19:07,889

yeah one question one question that I

444

00:19:14,330 --> 00:19:10,860

think doesn't get asked enough is what

445

00:19:17,000 --> 00:19:14,340

is your understanding of precisely what

446

00:19:20,659 --> 00:19:17,010

you're doing as part of that healing

447

00:19:23,570 --> 00:19:20,669

process with the auric field so what I

448

00:19:24,860 --> 00:19:23,580

believe I'm doing I never Satan it's

449

00:19:27,919 --> 00:19:24,870

perception isn't it everything's

450

00:19:29,779 --> 00:19:27,929

perception really so but I feel that I'm

451

00:19:31,970 --> 00:19:29,789

going through perhaps the cellular

452

00:19:35,210 --> 00:19:31,980

aspect of that person's energy the

453

00:19:36,740 --> 00:19:35,220

bioplasmic field or as such a crap word

454

00:19:40,310 --> 00:19:36,750

of excuse my own but it just doesn't

455

00:19:42,500 --> 00:19:40,320

encapsulate all there is because it's

456

00:19:44,600 --> 00:19:42,510

spiritual healing it's physical healing

457

00:19:48,769 --> 00:19:44,610

it's emotional healing mental healing it

458

00:19:51,139 --> 00:19:48,779

can all it conglomerate's into this one

459

00:19:53,269 --> 00:19:51,149

thing but it's many things in the one I

460

00:19:55,669 --> 00:19:53,279

do like to sort of think that's a bit of

461

00:19:59,119 --> 00:19:55,679

a paradox as well does that make sense

462

00:20:01,130 --> 00:19:59,129

so I literally I'm going through an ORAC

463

00:20:04,160 --> 00:20:01,140

field pass

464

00:20:06,950 --> 00:20:04,170

my stuff can come up future life but it

465

00:20:08,810 --> 00:20:06,960

can also I can give you an example

466

00:20:11,060 --> 00:20:08,820

reveal and I know this is taking my word

467

00:20:13,070 --> 00:20:11,070

for it but I have a client who she sees

468

00:20:16,130 --> 00:20:13,080

me every three months it's like her

469

00:20:18,140 --> 00:20:16,140

therapy she's very rich she doesn't she

470

00:20:21,740 --> 00:20:18,150

has no skepticism at all which is great

471

00:20:23,660 --> 00:20:21,750

and she was so usually I just talked to

472

00:20:26,810 --> 00:20:23,670

her relatives that's what she wants

473

00:20:29,120 --> 00:20:26,820

that's not really my thing but it's what

474

00:20:31,010 --> 00:20:29,130

a lot of people want I've got an opinion

475

00:20:31,910 --> 00:20:31,020

on that one but this time she went I'm

476

00:20:33,770 --> 00:20:31,920

feeling a bit tired

477

00:20:36,440 --> 00:20:33,780

will you go through my aura I went

478

00:20:38,420 --> 00:20:36,450

through the bioplasmic field and all I

479

00:20:41,230 --> 00:20:38,430

said to her was I believe or I can

480

00:20:43,550 --> 00:20:41,240

fulfill actually physically feel a

481

00:20:47,750 --> 00:20:43,560

delineation within New York feel so

482

00:20:49,730 --> 00:20:47,760

darkest spots or heavier spots and I

483

00:20:52,340 --> 00:20:49,740

said I think you might have a cyst in

484

00:20:54,290 --> 00:20:52,350

your liver didn't think anything of it

485

00:20:55,940 --> 00:20:54,300

she have one of those for body scan so

486

00:20:57,500 --> 00:20:55,950

the woman came back to it all you've got

487

00:20:59,720 --> 00:20:57,510

really is just a little cyst in your

488

00:21:02,720 --> 00:20:59,730

liver so she came back and she said I

489

00:21:05,870 --> 00:21:02,730

just spent 400 quid to be told exactly

490

00:21:08,660 --> 00:21:05,880

what you've just told me but I'm not a

491

00:21:12,200 --> 00:21:08,670

scientist so I'm not I'm not privy am I

492

00:21:15,430 --> 00:21:12,210

to having Lord it's about healing

493

00:21:18,590 --> 00:21:15,440

because I'm not a doctor I'm not medical

494

00:21:20,890 --> 00:21:18,600

what does that mean well let's set that

495

00:21:22,330 --> 00:21:20,900

aside for a second and let me ask you

496

00:21:24,500 --> 00:21:22,340

again

497

00:21:26,750 --> 00:21:24,510

Kathy Anna I don't know if I'm phrasing

498

00:21:30,170 --> 00:21:26,760

it the right way what is your experience

499

00:21:31,700 --> 00:21:30,180

about what you are doing and let's put

500

00:21:33,950 --> 00:21:31,710

it in the context of what other people

501
00:21:36,260 --> 00:21:33,960
say because there's other people who do

502
00:21:39,740 --> 00:21:36,270
similar kind of things sometimes they'll

503
00:21:41,870 --> 00:21:39,750
come back and they'll say I am directed

504
00:21:44,180 --> 00:21:41,880
by the hands of Jesus I'm not putting

505
00:21:46,430 --> 00:21:44,190
that yeah yeah just saying you know

506
00:21:49,760 --> 00:21:46,440
people will say that or other people

507
00:21:53,330 --> 00:21:49,770
would say I'm using my spirit guides to

508
00:21:58,190 --> 00:21:53,340
direct me towards this I have an angel

509
00:22:00,620 --> 00:21:58,200
or this you do any of that well I don't

510
00:22:03,740 --> 00:22:00,630
know if they do any of it either okay oh

511
00:22:06,320 --> 00:22:03,750
I think what you do is is interesting in

512
00:22:08,510 --> 00:22:06,330
particular because you know we connected

513
00:22:10,520 --> 00:22:08,520

it to this crop circle thing in your

514

00:22:12,680 --> 00:22:10,530

experience with that and the other thing

515

00:22:13,910 --> 00:22:12,690

that's interesting or salvaged unravel

516

00:22:14,899 --> 00:22:13,920

the other thing that's interesting about

517

00:22:18,409 --> 00:22:14,909

connecting it to the

518

00:22:21,919 --> 00:22:18,419

crop circle is that crop circles are in

519

00:22:24,469 --> 00:22:21,929

physical plane

520

00:22:26,960 --> 00:22:24,479

somebody who says I'm the hands of Jesus

521

00:22:29,779 --> 00:22:26,970

are guiding me as I you know do therapy

522

00:22:31,820 --> 00:22:29,789

on somebody yes have no way of touching

523

00:22:33,710 --> 00:22:31,830

that you are saying on the other hand

524

00:22:36,049 --> 00:22:33,720

wait a minute I went into this crop

525

00:22:38,659 --> 00:22:36,059

circle field here's a photo of it and

526

00:22:40,759 --> 00:22:38,669

there was this energy field here's the

527

00:22:42,560 --> 00:22:40,769

scientist who measured it and here's how

528

00:22:45,109 --> 00:22:42,570

he said his camera is kind of like you

529

00:22:48,680 --> 00:22:45,119

so sad that we have kind of the

530

00:22:51,289 --> 00:22:48,690

phenomenon a whole range of phenomena

531

00:22:54,099 --> 00:22:51,299

that we can kind of put in the physical

532

00:22:58,099 --> 00:22:54,109

room so you seem to be straddling this

533

00:23:00,589 --> 00:22:58,109

almost technology if you will associated

534

00:23:02,389 --> 00:23:00,599

with that and I love your openness in

535

00:23:04,489 --> 00:23:02,399

your story to that hey she asked me I

536

00:23:06,799 --> 00:23:04,499

kind of stumbled into doing past life I

537

00:23:09,259 --> 00:23:06,809

stumbled into doing medium readings I

538

00:23:12,109 --> 00:23:09,269

start but I think you have a sense Kathy

539

00:23:13,700 --> 00:23:12,119

that there's something else that what

540

00:23:17,570 --> 00:23:13,710

are you following there what's what's

541

00:23:19,969 --> 00:23:17,580

guiding you in terms of driving this

542

00:23:21,649 --> 00:23:19,979

ability that you have D do you know or

543

00:23:23,450 --> 00:23:21,659

do maybe you don't care too much about

544

00:23:25,639 --> 00:23:23,460

that you just kind of do your thing I

545

00:23:28,249 --> 00:23:25,649

just do it I think I'm not making

546

00:23:30,649 --> 00:23:28,259

excuses I'm very receptive

547

00:23:32,719 --> 00:23:30,659

I like quantum physics I know you don't

548

00:23:34,609 --> 00:23:32,729

want to go down that route but it does

549

00:23:37,310 --> 00:23:34,619

seem to be playing out more and more

550

00:23:39,200 --> 00:23:37,320

that we are all intertwined so a my

551
00:23:41,419 --> 00:23:39,210
energy my auric field they say that

552
00:23:43,580 --> 00:23:41,429
there's several layers of the aura that

553
00:23:45,200 --> 00:23:43,590
there's seven chakra points there's four

554
00:23:48,109 --> 00:23:45,210
in my understanding there's way more

555
00:23:50,599 --> 00:23:48,119
than that and with our energy is

556
00:23:53,239 --> 00:23:50,609
infinite energy is infinite oh sorry

557
00:23:57,049 --> 00:23:53,249
yes infinite but we've got this mental

558
00:24:00,320 --> 00:23:57,059
constriction that stops I think a very

559
00:24:01,849 --> 00:24:00,330
organic practice if I was if I was in

560
00:24:03,499 --> 00:24:01,859
medieval times no one would think twice

561
00:24:05,320 --> 00:24:03,509
about what I do they would send them to

562
00:24:08,149 --> 00:24:05,330
me and go you know they've got the pox

563
00:24:13,789 --> 00:24:08,159

what can you do about it there wouldn't

564

00:24:15,889 --> 00:24:13,799

be any of that mental rigidity about

565

00:24:18,169 --> 00:24:15,899

what I do what shame is do I would say

566

00:24:21,080 --> 00:24:18,179

I'm a bit more on a shamanic level if

567

00:24:25,759 --> 00:24:21,090

I'm honest energy is just energy and we

568

00:24:27,859 --> 00:24:25,769

can all interpret it okay a related

569

00:24:28,740 --> 00:24:27,869

question I guess would be on this whole

570

00:24:31,620 --> 00:24:28,750

issue

571

00:24:35,300 --> 00:24:31,630

of channeling again it's it's

572

00:24:38,310 --> 00:24:35,310

controversial for a number of real

573

00:24:40,200 --> 00:24:38,320

understandable reasons in that you know

574

00:24:42,180 --> 00:24:40,210

people there's a lot of different

575

00:24:44,700 --> 00:24:42,190

channeled information out there there's

576

00:24:46,830 --> 00:24:44,710

channeled information that we find is

577

00:24:49,980 --> 00:24:46,840

kind of not-so-great channeled

578

00:24:52,470 --> 00:24:49,990

information it comes it comes to be

579

00:24:54,540 --> 00:24:52,480

proven to kind of pull people down their

580

00:24:55,080 --> 00:24:54,550

own path kind of a Hungry Ghost kind of

581

00:24:57,360 --> 00:24:55,090

thing

582

00:25:00,060 --> 00:24:57,370

there's also channeled information that

583

00:25:03,240 --> 00:25:00,070

seems quite profound that inspires

584

00:25:06,450 --> 00:25:03,250

people I guess I'd have similar kind of

585

00:25:10,260 --> 00:25:06,460

questions about first of all what do you

586

00:25:14,070 --> 00:25:10,270

even think is going on with channeling

587

00:25:16,920 --> 00:25:14,080

along the lines of you know who are you

588

00:25:22,530 --> 00:25:16,930

channeling what is what is being

589

00:25:25,560 --> 00:25:22,540

channelled why is that channel available

590

00:25:29,400 --> 00:25:25,570

I mean again I do feel like these

591

00:25:33,690 --> 00:25:29,410

questions are not usually asked instead

592

00:25:36,420 --> 00:25:33,700

stuck on verifying and shaming oh my

593

00:25:38,670 --> 00:25:36,430

gosh you were wrong on this or that

594

00:25:42,510 --> 00:25:38,680

person's fake rather than trying to

595

00:25:46,080 --> 00:25:42,520

understand the phenomenon more generally

596

00:25:49,470 --> 00:25:46,090

what are some of your again hunches in

597

00:25:53,370 --> 00:25:49,480

terms of who you're channeling what is

598

00:25:55,710 --> 00:25:53,380

being channeled okay for me again I

599

00:25:56,850 --> 00:25:55,720

think channel is pretty much like I was

600

00:25:59,940 --> 00:25:56,860

talking about with the aura it's

601
00:26:03,870 --> 00:25:59,950
information I really believe that energy

602
00:26:06,720 --> 00:26:03,880
is information and you know it could

603
00:26:09,480 --> 00:26:06,730
okay Jesus come in channeling Jesus I

604
00:26:11,760 --> 00:26:09,490
don't work that way if I channel I think

605
00:26:15,570 --> 00:26:11,770
it's a telepathy between consciousness

606
00:26:18,990 --> 00:26:15,580
and and my mind or I don't know

607
00:26:21,480 --> 00:26:19,000
telepathy of greater mind but as you're

608
00:26:23,100 --> 00:26:21,490
saying about the occasion records I'm a

609
00:26:25,020 --> 00:26:23,110
really firm believer that there's no

610
00:26:27,300 --> 00:26:25,030
original information in the universe I

611
00:26:29,190 --> 00:26:27,310
think it's all being there and it's like

612
00:26:31,740 --> 00:26:29,200
kind of like I could pick a mix if you

613
00:26:34,680 --> 00:26:31,750

will of what you need to channel for me

614

00:26:36,810 --> 00:26:34,690

I don't I don't need to channel

615

00:26:39,540 --> 00:26:36,820

I don't definitely don't Channel with

616

00:26:41,830 --> 00:26:39,550

people that pass so you know people that

617

00:26:44,080 --> 00:26:41,840

have passed over I don't do

618

00:26:46,419 --> 00:26:44,090

but if I get information from what I

619

00:26:48,159 --> 00:26:46,429

call a higher source I I'm funny with

620

00:26:50,859 --> 00:26:48,169

the word spirit guide I'm funny with the

621

00:26:53,529 --> 00:26:50,869

word spirit guardian I don't like labels

622

00:26:56,489 --> 00:26:53,539

but obviously we need a label don't be

623

00:26:59,200 --> 00:26:56,499

so we can understand the archetype of it

624

00:27:01,539 --> 00:26:59,210

alright help us help us understand that

625

00:27:03,789 --> 00:27:01,549

it's something I'm very interested in so

626

00:27:06,339 --> 00:27:03,799

if just say I got a channel through at

627

00:27:08,159 --> 00:27:06,349

the moment I don't I've got one of my

628

00:27:10,509 --> 00:27:08,169

bugbears and I'm not trying to be

629

00:27:12,219 --> 00:27:10,519

controversial what I kind of am is I'm

630

00:27:15,999 --> 00:27:12,229

going to just say okay so there I've got

631

00:27:20,529 --> 00:27:16,009

a 16th century Chinese monk I don't need

632

00:27:22,690 --> 00:27:20,539

to change my voice to create that vision

633

00:27:25,079 --> 00:27:22,700

of having a Chinese person's force

634

00:27:27,399 --> 00:27:25,089

because that person is no longer in

635

00:27:29,289 --> 00:27:27,409

colonnades they're diseconomy they're

636

00:27:32,259 --> 00:27:29,299

not here so I'm going to channel that

637

00:27:34,570 --> 00:27:32,269

information through my own voice does

638

00:27:38,229 --> 00:27:34,580

that make sense it does and that's a

639

00:27:40,539 --> 00:27:38,239

really great tiny little example have

640

00:27:43,769 --> 00:27:40,549

you ever connected with what you

641

00:27:47,379 --> 00:27:43,779

identify as being a 16th century Chinese

642

00:27:50,829 --> 00:27:47,389

I would say what I probably have

643

00:27:53,799 --> 00:27:50,839

channeled is the frequency of that

644

00:27:56,379 --> 00:27:53,809

information rather than a sixteenth

645

00:27:59,320 --> 00:27:56,389

century monk why do you make that

646

00:28:02,769 --> 00:27:59,330

distinction and do you believe that

647

00:28:06,129 --> 00:28:02,779

there are spirit beings if you will you

648

00:28:08,259 --> 00:28:06,139

know I mean our our ancestors when we do

649

00:28:09,759 --> 00:28:08,269

a medium reading and we yeah it's

650

00:28:11,589 --> 00:28:09,769

specific information and they tell us

651
00:28:13,749 --> 00:28:11,599
things that are important to us about

652
00:28:17,200 --> 00:28:13,759
our life and I was there for your

653
00:28:19,989 --> 00:28:17,210
daughter's you know yes birthday party

654
00:28:23,619 --> 00:28:19,999
what is how do you process that what do

655
00:28:25,690 --> 00:28:23,629
you think that means okay so yes I do

656
00:28:29,259 --> 00:28:25,700
believe in spirits I do believe in

657
00:28:32,289 --> 00:28:29,269
higher energies send your masters but my

658
00:28:33,669 --> 00:28:32,299
view is that it's an energy thing if

659
00:28:36,909 --> 00:28:33,679
I've got someone that's passed over that

660
00:28:38,169 --> 00:28:36,919
comes in I think and I'm starting to

661
00:28:39,999 --> 00:28:38,179
believe this a little bit more and more

662
00:28:42,700 --> 00:28:40,009
the more I do this that I'm possibly

663
00:28:45,489 --> 00:28:42,710

talking to an echo or a resonant memory

664

00:28:48,039 --> 00:28:45,499

of that soul that comes through in the

665

00:28:50,289 --> 00:28:48,049

in the physical body so I can understand

666

00:28:52,269 --> 00:28:50,299

you know you're tall you've got our hair

667

00:28:55,160 --> 00:28:52,279

your name's Derek does that make sense

668

00:28:58,550 --> 00:28:55,170

but well I'm actually linked

669

00:29:02,210 --> 00:28:58,560

- is an echo a resonant memory of their

670

00:29:06,230 --> 00:29:02,220

their life their soul it's all about

671

00:29:08,990 --> 00:29:06,240

soul for me so do you think that Derek

672

00:29:12,290 --> 00:29:09,000

in that case is directing that

673

00:29:14,720 --> 00:29:12,300

communication through that frequency

674

00:29:17,900 --> 00:29:14,730

because okay yeah I do

675

00:29:19,940 --> 00:29:17,910

I'm just trying to distinguish that you

676

00:29:21,860 --> 00:29:19,950

know I don't think Derek is coming in

677

00:29:23,540 --> 00:29:21,870

because the body's gone the body's been

678

00:29:25,010 --> 00:29:23,550

dealt with I know that their cellular

679

00:29:27,920 --> 00:29:25,020

memory held within the physical body

680

00:29:29,690 --> 00:29:27,930

through any incarnation but that's what

681

00:29:33,130 --> 00:29:29,700

I believe a kind of memory and they

682

00:29:37,040 --> 00:29:33,140

bring through memory they bring through

683

00:29:40,100 --> 00:29:37,050

special memories love memories but they

684

00:29:43,580 --> 00:29:40,110

also bring through some conflicting and

685

00:29:45,260 --> 00:29:43,590

some contradictory information yes bring

686

00:29:47,800 --> 00:29:45,270

through some very religious information

687

00:29:50,510 --> 00:29:47,810

that seems to contradict our

688

00:29:53,600 --> 00:29:50,520

understanding of other people who say

689

00:29:55,670 --> 00:29:53,610

that's religion stuff is okay but

690

00:29:57,980 --> 00:29:55,680

there's a deeper truth to it or they

691

00:29:59,630 --> 00:29:57,990

bring through stuff that you know back

692

00:30:03,070 --> 00:29:59,640

again something we've been touching on a

693

00:30:06,470 --> 00:30:03,080

little bit some of them are nasty

694

00:30:08,540 --> 00:30:06,480

benevolent entities that are disguising

695

00:30:10,610 --> 00:30:08,550

themselves and are intentionally seem to

696

00:30:12,710 --> 00:30:10,620

be deceiving people and that seems to be

697

00:30:14,930 --> 00:30:12,720

provable in some sense you know what

698

00:30:18,020 --> 00:30:14,940

spirit comes through and tells you hey

699

00:30:19,880 --> 00:30:18,030

your real path is to go and sleep with

700

00:30:28,840 --> 00:30:19,890

your best friends what if you're trying

701
00:30:37,520 --> 00:30:32,840
I'm not I'm not scared of anything I

702
00:30:39,650 --> 00:30:37,530
will do spirit cleansing of houses Ouija

703
00:30:41,840 --> 00:30:39,660
board I'm not scared of that because I

704
00:30:44,470 --> 00:30:41,850
think if you've got a pure intention

705
00:30:46,940 --> 00:30:44,480
when you're doing it it can only

706
00:30:49,400 --> 00:30:46,950
resonate on the pure intention yeah of

707
00:30:51,350 --> 00:30:49,410
course there are things out there fair

708
00:30:54,800 --> 00:30:51,360
enough fair enough in and you know I'm

709
00:30:56,720 --> 00:30:54,810
totally down with you know the secret of

710
00:30:58,700 --> 00:30:56,730
the ascent is to always look up and you

711
00:31:01,550 --> 00:30:58,710
know like that's about Claire's vibe to

712
00:31:03,200 --> 00:31:01,560
is that you know focus on this I do

713
00:31:04,850 --> 00:31:03,210

always have to kind of bring it back to

714

00:31:06,740 --> 00:31:04,860

you know we have this in Britain you

715

00:31:07,169 --> 00:31:06,750

know you have a little John D thing who

716

00:31:11,099 --> 00:31:07,179

press

717

00:31:14,219 --> 00:31:11,109

was right responsible for setting up the

718

00:31:16,349 --> 00:31:14,229

the roadmap the blueprint for the

719

00:31:18,839 --> 00:31:16,359

British Empire and he's doing exactly

720

00:31:20,820 --> 00:31:18,849

that right so he's gone down this really

721

00:31:23,969 --> 00:31:20,830

dark path and at the end they're doing

722

00:31:27,539 --> 00:31:23,979

all this crazy sex magic stuff yeah yeah

723

00:31:30,539 --> 00:31:27,549

that really doesn't in in the pattern of

724

00:31:32,310 --> 00:31:30,549

his life is not positive and we people

725

00:31:34,469 --> 00:31:32,320

you know alistair crowley pick on the

726

00:31:37,619 --> 00:31:34,479

brits here today you know why not all

727

00:31:39,269 --> 00:31:37,629

this evil stuff that no matter what you

728

00:31:41,489 --> 00:31:39,279

think of Aleister Crowley no one would

729

00:31:45,029 --> 00:31:41,499

model their life after that no one

730

00:31:47,459 --> 00:31:45,039

thinks that that leads to spiritual

731

00:31:50,009 --> 00:31:47,469

growth and spiritual advancement of your

732

00:31:51,599 --> 00:31:50,019

soul so and then if we take that on a

733

00:31:53,249 --> 00:31:51,609

more you know we have the pedo Pope

734

00:31:55,529 --> 00:31:53,259

right now you know and we about that

735

00:31:56,879 --> 00:31:55,539

whole thing even if people say that and

736

00:31:58,649 --> 00:31:56,889

so I say that sometimes people get

737

00:32:01,200 --> 00:31:58,659

offended it's like gee I don't know if

738

00:32:03,180 --> 00:32:01,210

you have a handful of lifelong friends

739

00:32:09,930 --> 00:32:03,190

and they're all pedophiles I think your

740

00:32:11,489 --> 00:32:09,940

burden of proof shifts on you it's I get

741

00:32:13,940 --> 00:32:11,499

what you're saying and what Claire's

742

00:32:17,369 --> 00:32:13,950

saying that you haven't encountered it

743

00:32:20,519 --> 00:32:17,379

clearly it's a force out there that

744

00:32:23,459 --> 00:32:20,529

seems to have a pretty good app I think

745

00:32:26,219 --> 00:32:23,469

it's for me I think it touched to ego I

746

00:32:28,919 --> 00:32:26,229

mean what I know I'm quite interested in

747

00:32:31,589 --> 00:32:28,929

Crowley actually because I'm not opposed

748

00:32:33,209 --> 00:32:31,599

to looking at the dark because the dark

749

00:32:36,180 --> 00:32:33,219

and the light to me is exactly the same

750

00:32:38,430 --> 00:32:36,190

thing but when it goes into ego that's

751

00:32:40,499 --> 00:32:38,440

where I think it goes into really low

752

00:32:42,539 --> 00:32:40,509

vibrational energy and that's when I

753

00:32:45,079 --> 00:32:42,549

think all all hell can break loose when

754

00:32:48,029 --> 00:32:45,089

it's really brought into a low vibration

755

00:32:51,450 --> 00:32:48,039

do mean that literally as well as

756

00:32:54,629 --> 00:32:51,460

figuratively what do you what do you

757

00:32:56,789 --> 00:32:54,639

think about Hell what do you think hell

758

00:32:59,039 --> 00:32:56,799

is and I'll give you two choices to kind

759

00:33:01,469 --> 00:32:59,049

of pare it down a little bit I think

760

00:33:05,219 --> 00:33:01,479

some people I've heard kind of ascribed

761

00:33:07,139 --> 00:33:05,229

to the as below so above kind of thing

762

00:33:09,389 --> 00:33:07,149

the way I put it to turn out a phrase

763

00:33:11,940 --> 00:33:09,399

around is that if you want to find a

764

00:33:15,200 --> 00:33:11,950

bunch of creepy people who are seeking

765

00:33:17,430 --> 00:33:15,210

out kind of nasty stuff and are

766

00:33:19,529 --> 00:33:17,440

increasing their int their negative

767

00:33:20,940 --> 00:33:19,539

energy by associating with other people

768

00:33:22,919 --> 00:33:20,950

with negative energy hey you

769

00:33:25,110 --> 00:33:22,929

can do that right here any town you can

770

00:33:27,600 --> 00:33:25,120

go find that and maybe that's what's

771

00:33:30,389 --> 00:33:27,610

happening on the spiritual level as well

772

00:33:33,210 --> 00:33:30,399

other people contrary to that say no

773

00:33:36,960 --> 00:33:33,220

there really is this force out there

774

00:33:39,240 --> 00:33:36,970

that is on par with the white force the

775

00:33:41,399 --> 00:33:39,250

the light force and it's the dark force

776

00:33:42,860 --> 00:33:41,409

and it's kind of pulling things in

777

00:33:46,409 --> 00:33:42,870

another direction

778

00:33:50,100 --> 00:33:46,419

you can pick another answer but you

779

00:33:50,850 --> 00:33:50,110

think yeah I'm not I don't I don't know

780

00:33:52,919 --> 00:33:50,860

about him

781

00:33:55,110 --> 00:33:52,929

personally I think hell's what we live

782

00:33:57,080 --> 00:33:55,120

in the illusion I really do I think

783

00:33:59,310 --> 00:33:57,090

you've helped lays out we are we are

784

00:34:02,039 --> 00:33:59,320

living it at the moment especially the

785

00:34:03,810 --> 00:34:02,049

way the world's going so the dark an

786

00:34:06,029 --> 00:34:03,820

like to me is duality you can't have

787

00:34:07,470 --> 00:34:06,039

dark can you without right because dark

788

00:34:10,260 --> 00:34:07,480

is just where the light hasn't gone in

789

00:34:11,990 --> 00:34:10,270

yet so I think the hell's down here I'm

790

00:34:17,669 --> 00:34:12,000

not on the heaven and hell' spectrum

791

00:34:21,119 --> 00:34:17,679

okay they're fair enough I've kind of

792

00:34:25,139 --> 00:34:21,129

really blown the skeptical jeopardy

793

00:34:27,480 --> 00:34:25,149

model because you are so awesome to talk

794

00:34:29,849 --> 00:34:27,490

to and you are so open about just kind

795

00:34:33,119 --> 00:34:29,859

of sharing all this information are

796

00:34:36,450 --> 00:34:33,129

there any other topics I want to do this

797

00:34:39,000 --> 00:34:36,460

demonstration and whatever time we have

798

00:34:41,760 --> 00:34:39,010

and I want to make sure you know we are

799

00:34:44,220 --> 00:34:41,770

respectful of your time what other

800

00:34:47,099 --> 00:34:44,230

topics do you think we might talk about

801
00:34:50,339 --> 00:34:47,109
I do want to talk about your practice so

802
00:34:52,619 --> 00:34:50,349
let's talk about that why people do seek

803
00:34:54,510 --> 00:34:52,629
you out and I understand you have to

804
00:34:56,760 --> 00:34:54,520
understand that Kathy is very

805
00:34:58,230 --> 00:34:56,770
sought-after at this point she has quite

806
00:35:00,150 --> 00:34:58,240
a waiting list that doesn't mean you

807
00:35:03,480 --> 00:35:00,160
still shouldn't try and contact her but

808
00:35:05,339 --> 00:35:03,490
she's not out there scraping to kind of

809
00:35:07,410 --> 00:35:05,349
scrounging around trying to get some

810
00:35:09,300 --> 00:35:07,420
work out of dust I don't think that sort

811
00:35:10,770 --> 00:35:09,310
of the main thing but she does have a

812
00:35:13,559 --> 00:35:10,780
practice and you should tell people

813
00:35:16,829 --> 00:35:13,569

about that because no doubt there are

814

00:35:17,339 --> 00:35:16,839

people listening who this show is for

815

00:35:22,380 --> 00:35:17,349

them

816

00:35:26,520 --> 00:35:22,390

reason um so yeah my practice obviously

817

00:35:31,170 --> 00:35:26,530

I work I work in a little it's a shop is

818

00:35:36,200 --> 00:35:31,180

a crystal shop in Epsom and I do my over

819

00:35:39,630 --> 00:35:36,210

here I am booked now until January 20

820

00:35:44,120 --> 00:35:39,640

u-22 I think hang on I'm booked to full

821

00:35:46,740 --> 00:35:44,130

18 months ahead so which is great for me

822

00:35:48,569 --> 00:35:46,750

but I get a lot of people that book once

823

00:35:51,180 --> 00:35:48,579

and then they come and book me again and

824

00:35:53,370 --> 00:35:51,190

then go on the waiting list so it's you

825

00:35:55,290 --> 00:35:53,380

know I don't also I'm one of no I don't

826

00:35:57,150 --> 00:35:55,300

want to encourage people I cannot stand

827

00:35:58,980 --> 00:35:57,160

people that don't take responsibility so

828

00:36:00,359 --> 00:35:58,990

they come to me and after about two

829

00:36:00,870 --> 00:36:00,369

three times they're not getting the

830

00:36:03,420 --> 00:36:00,880

point

831

00:36:05,069 --> 00:36:03,430

I won't see I won't see them again and I

832

00:36:07,020 --> 00:36:05,079

have to say you know what this is all

833

00:36:10,680 --> 00:36:07,030

about self responsibility I'm not here

834

00:36:12,359 --> 00:36:10,690

to walk your path for you I'm here to

835

00:36:15,810 --> 00:36:12,369

put you on it and what you do and that

836

00:36:18,710 --> 00:36:15,820

is your choice I'm quite big on that so

837

00:36:21,000 --> 00:36:18,720

I'm very honest I'm very blunt

838

00:36:23,940 --> 00:36:21,010

some people say I've got no bedside

839

00:36:25,290 --> 00:36:23,950

manner but I think honesty's he's just

840

00:36:27,120 --> 00:36:25,300

got a shove it out there yeah that's

841

00:36:30,050 --> 00:36:27,130

what I do that's how I've always

842

00:36:33,839 --> 00:36:30,060

operated I'm never going to change that

843

00:36:36,359 --> 00:36:33,849

so this is get people more of a sense of

844

00:36:39,270 --> 00:36:36,369

what it's like for them so they sign up

845

00:36:39,930 --> 00:36:39,280

on the list there's their date comes

846

00:36:43,500 --> 00:36:39,940

around

847

00:36:46,050 --> 00:36:43,510

they lie down actually in the room I'm

848

00:36:48,480 --> 00:36:46,060

in I came here because I didn't want to

849

00:36:50,550 --> 00:36:48,490

do this from my house we've got four

850

00:36:52,020 --> 00:36:50,560

cats and I've got two young Siamese and

851

00:36:54,809 --> 00:36:52,030

we would not heard a thing because

852

00:36:57,990 --> 00:36:54,819

they're there now so I thought if I do

853

00:37:00,960 --> 00:36:58,000

it from where I do my normal energy work

854

00:37:03,180 --> 00:37:00,970

or mediumship will everyone call it just

855

00:37:05,700 --> 00:37:03,190

be easier for me so they would come in

856

00:37:08,250 --> 00:37:05,710

lie down I was going through their auric

857

00:37:10,589 --> 00:37:08,260

field so if they line down the

858

00:37:13,500 --> 00:37:10,599

right-hand side is there physical

859

00:37:16,800 --> 00:37:13,510

information and the left-hand side is

860

00:37:19,050 --> 00:37:16,810

their emotional it can intermingle but

861

00:37:22,260 --> 00:37:19,060

that's kind of how I separate it I'll go

862

00:37:25,920 --> 00:37:22,270

through the energy and say um mrs. Jo

863

00:37:28,710 --> 00:37:25,930

dogs then or mr. Joe Bloggs slight issue

864

00:37:31,500 --> 00:37:28,720

with the energy around the sacral or

865

00:37:33,660 --> 00:37:31,510

their pancreas you know your dad's there

866

00:37:36,450 --> 00:37:33,670

and that's how it kind of transpires a

867

00:37:38,430 --> 00:37:36,460

lot of times we'll go past life whether

868

00:37:41,700 --> 00:37:38,440

I do well I always say to people are you

869

00:37:44,940 --> 00:37:41,710

open to past life some go yes and some

870

00:37:46,890 --> 00:37:44,950

will go no to though the rubbish okay so

871

00:37:48,640 --> 00:37:46,900

in if something comes in I'll just

872

00:37:50,860 --> 00:37:48,650

ignore it

873

00:37:54,160 --> 00:37:50,870

that choice let's go there for a minute

874

00:37:58,660 --> 00:37:54,170

okay what is your understanding of what

875

00:38:02,530 --> 00:37:58,670

past life is number one and there's also

876

00:38:05,500 --> 00:38:02,540

a lot of controversy about how useful it

877

00:38:07,570 --> 00:38:05,510

is or it may be distracting to some

878

00:38:09,130 --> 00:38:07,580

people and that some people you know beg

879

00:38:10,960 --> 00:38:09,140

away from it because it's like no I

880

00:38:13,060 --> 00:38:10,970

don't want to go there cuz it's gonna

881

00:38:14,770 --> 00:38:13,070

mess a person up and like you said I'm

882

00:38:16,210 --> 00:38:14,780

just reading out of the book anyway you

883

00:38:18,610 --> 00:38:16,220

shouldn't get too hung up on it you're

884

00:38:20,650 --> 00:38:18,620

just into here now anyway so yeah kind

885

00:38:22,480 --> 00:38:20,660

of busy relevant but at the same time at

886

00:38:24,270 --> 00:38:22,490

other times it seems to be incredibly

887

00:38:26,590 --> 00:38:24,280

relevant for people people have major

888

00:38:28,660 --> 00:38:26,600

trauma blocked off or they have either

889

00:38:31,360 --> 00:38:28,670

health issues that can be resolved by

890

00:38:32,830 --> 00:38:31,370

past life work I mean I don't know this

891

00:38:34,810 --> 00:38:32,840

I'm just this is what I've heard what do

892

00:38:38,230 --> 00:38:34,820

you think yes

893

00:38:40,090 --> 00:38:38,240

and give me example so I had a woman

894

00:38:43,570 --> 00:38:40,100

this was through the hypnosis though so

895

00:38:46,240 --> 00:38:43,580

she is a very random story but her

896

00:38:48,070 --> 00:38:46,250

husband sent her to me because he was so

897

00:38:48,910 --> 00:38:48,080

fed up he she couldn't look in the

898

00:38:50,770 --> 00:38:48,920

bathroom mirror

899

00:38:53,290 --> 00:38:50,780

I'm he sure the phobia so I do do with

900

00:38:54,880 --> 00:38:53,300

the phobia of side of it and he was so

901
00:38:56,170 --> 00:38:54,890
fed up having to put the towel over the

902
00:38:59,440 --> 00:38:56,180
bathroom mirror every day you just

903
00:39:03,180 --> 00:38:59,450
thought would give it a go so in in her

904
00:39:06,880 --> 00:39:03,190
regression she was a Victorian girl

905
00:39:09,940 --> 00:39:06,890
little child she she's got an obsession

906
00:39:12,160 --> 00:39:09,950
in this lifetime with cleanliness of a

907
00:39:15,220 --> 00:39:12,170
fee is another weird thing that she had

908
00:39:16,030 --> 00:39:15,230
and in that other lifetime when we were

909
00:39:18,550 --> 00:39:16,040
going through it

910
00:39:22,600 --> 00:39:18,560
she wanted to go into this big house to

911
00:39:26,080 --> 00:39:22,610
wash her feet and she was effectively

912
00:39:27,970 --> 00:39:26,090
molested in that house by this great big

913
00:39:29,470 --> 00:39:27,980

man and all she could see was the

914

00:39:32,530 --> 00:39:29,480

reflection what was going on in the

915

00:39:34,900 --> 00:39:32,540

mirror in the bathroom now did her

916

00:39:35,830 --> 00:39:34,910

subconscious make up a scenario to help

917

00:39:39,040 --> 00:39:35,840

her let it go

918

00:39:42,010 --> 00:39:39,050

was it true memory I can't answer that

919

00:39:45,160 --> 00:39:42,020

for you because I don't know I could be

920

00:39:47,680 --> 00:39:45,170

honest I don't know either way it's

921

00:39:50,650 --> 00:39:47,690

quite credible because from that from

922

00:39:53,080 --> 00:39:50,660

that session afterwards the bathroom

923

00:39:55,300 --> 00:39:53,090

mirror thing are gone yeah that's the

924

00:39:57,780 --> 00:39:55,310

point that always gets me about about

925

00:40:00,430 --> 00:39:57,790

those stories and about people who are

926
00:40:01,799 --> 00:40:00,440
skeptical and I always say you know the

927
00:40:04,620 --> 00:40:01,809
kind of skeptical about

928
00:40:06,870 --> 00:40:04,630
which is to just say let me put it all

929
00:40:09,179 --> 00:40:06,880
out of my mind just by putting some

930
00:40:11,609 --> 00:40:09,189
label on it and saying oh I'm a skeptic

931
00:40:13,140 --> 00:40:11,619
that can't possibly happen and I'll

932
00:40:15,209 --> 00:40:13,150
share with people that they've heard

933
00:40:16,769 --> 00:40:15,219
this many times in the show but that's

934
00:40:18,839 --> 00:40:16,779
why I was so interested in kind of

935
00:40:21,299 --> 00:40:18,849
pursuing people who have looked at it

936
00:40:22,679 --> 00:40:21,309
scientifically like and I mentioned dr.

937
00:40:24,689 --> 00:40:22,689
Julie by Scholl at the wind bridge

938
00:40:26,160 --> 00:40:24,699

Institute because she did some kind of

939

00:40:28,920 --> 00:40:26,170

incredible work she keeps hearing these

940

00:40:32,219 --> 00:40:28,930

stories over and over again and then she

941

00:40:33,979 --> 00:40:32,229

says okay well let's do some experiment

942

00:40:37,349 --> 00:40:33,989

here on the best we can with grief

943

00:40:38,999 --> 00:40:37,359

because grief is real right yes our

944

00:40:41,429 --> 00:40:39,009

health insurance pays for grief

945

00:40:42,509 --> 00:40:41,439

counseling our health insurance pays if

946

00:40:44,699 --> 00:40:42,519

you go to the doctor and the doctor

947

00:40:47,069 --> 00:40:44,709

gives you medicine for grief they'll pay

948

00:40:50,429 --> 00:40:47,079

for that so it's completely integrated

949

00:40:52,709 --> 00:40:50,439

into our medical system so what if we

950

00:40:54,959 --> 00:40:52,719

introduce now as you just described you

951
00:40:56,910 --> 00:40:54,969
to pass life regression medium greeting

952
00:40:58,859 --> 00:40:56,920
let's introduce that in the equation and

953
00:41:00,959 --> 00:40:58,869
then we can test that right wait does

954
00:41:02,599 --> 00:41:00,969
what's most effective this kind of stuff

955
00:41:05,069 --> 00:41:02,609
with you all the time this is

956
00:41:07,559 --> 00:41:05,079
pharmacology where doctors you michelle

957
00:41:10,229 --> 00:41:07,569
has her PhD in pharmacology turns out

958
00:41:13,140 --> 00:41:10,239
medium reading more effective than the

959
00:41:15,419 --> 00:41:13,150
talk therapy more effective than the

960
00:41:17,999 --> 00:41:15,429
drugs you might get more effective than

961
00:41:21,179 --> 00:41:18,009
both combined I would suggest if we did

962
00:41:23,880 --> 00:41:21,189
the same thing I would it guess I would

963
00:41:25,439 --> 00:41:23,890

bet money that if we did the same thing

964

00:41:29,549 --> 00:41:25,449

with the people who have you done this

965

00:41:32,309 --> 00:41:29,559

wacky past life regression stuff we'd

966

00:41:34,380 --> 00:41:32,319

find the same thing so how do we process

967

00:41:36,150 --> 00:41:34,390

that you know you're open you're you're

968

00:41:43,969 --> 00:41:36,160

so much more open saying I don't know if

969

00:41:49,589 --> 00:41:47,910

I think but I think I think it does and

970

00:41:51,689 --> 00:41:49,599

I think that's where we're at and that's

971

00:41:53,099 --> 00:41:51,699

another question that I have them we're

972

00:41:54,809 --> 00:41:53,109

gonna save that to that to the end

973

00:41:56,429 --> 00:41:54,819

because it's the final question after we

974

00:41:59,609 --> 00:41:56,439

did a little demonstration here which is

975

00:42:02,929 --> 00:41:59,619

how can you help science

976

00:42:07,019 --> 00:42:02,939

get on the right track in terms of

977

00:42:10,079 --> 00:42:07,029

pointing at areas of research where your

978

00:42:11,759 --> 00:42:10,089

hunch tells you hey that's something we

979

00:42:13,410 --> 00:42:11,769

should pursue that's something where

980

00:42:14,640 --> 00:42:13,420

there may be an app that we could

981

00:42:15,240 --> 00:42:14,650

develop down the road or something like

982

00:42:17,160 --> 00:42:15,250

that but

983

00:42:21,150 --> 00:42:17,170

oh maybe yep I'm gonna put that on hold

984

00:42:23,190 --> 00:42:21,160

that's that's our question is Kathy

985

00:42:26,970 --> 00:42:23,200

consult doing some free consulting for

986

00:42:29,340 --> 00:42:26,980

your key science what do you think we

987

00:42:32,220 --> 00:42:29,350

should do here and if again folks it's

988

00:42:34,860 --> 00:42:32,230

so nice it's so awesome of Kathy to

989

00:42:38,790 --> 00:42:34,870

agree to do this little demonstration

990

00:42:40,290 --> 00:42:38,800

here it's no no pressure we don't know

991

00:42:42,150 --> 00:42:40,300

what's gonna happen and if nothing

992

00:42:45,030 --> 00:42:42,160

happens that's totally fine she's never

993

00:42:48,660 --> 00:42:45,040

done this on on skype zoom we're using

994

00:42:51,420 --> 00:42:48,670

so she usually does it in person but to

995

00:42:53,580 --> 00:42:51,430

give people a sense of what you do is

996

00:42:55,950 --> 00:42:53,590

there anything we could try here that

997

00:42:58,020 --> 00:42:55,960

might okay so if I tuned in to your

998

00:43:00,390 --> 00:42:58,030

because I can't I can't see you you're

999

00:43:02,100 --> 00:43:00,400

on a smaller screen could you go back to

1000

00:43:05,610 --> 00:43:02,110

bigger so I can see you better

1001
00:43:09,090 --> 00:43:05,620
okay here I am on the big screen that's

1002
00:43:11,070 --> 00:43:09,100
better okay so if I just chew I what I'm

1003
00:43:13,380 --> 00:43:11,080
going to do is I'm think I'm probably

1004
00:43:15,870 --> 00:43:13,390
I'm big in remote viewing or not big in

1005
00:43:18,870 --> 00:43:15,880
I love remote viewing I think it's all

1006
00:43:22,170 --> 00:43:18,880
the same stuff so really challenging

1007
00:43:24,960 --> 00:43:22,180
myself I should be able to do this if I

1008
00:43:27,090 --> 00:43:24,970
can do this with you lying down in my

1009
00:43:29,460 --> 00:43:27,100
presence I should be able to do it this

1010
00:43:31,200 --> 00:43:29,470
way if energy is that way I should be

1011
00:43:34,200 --> 00:43:31,210
able to do it so that's what I'm saying

1012
00:43:37,520 --> 00:43:34,210
about myself so if I can't then my mind

1013
00:43:40,860 --> 00:43:37,530

is too even I'm constricted even I

1014

00:43:42,390 --> 00:43:40,870

suppose in a mindset of what you can and

1015

00:43:46,860 --> 00:43:42,400

what you can't do I'm being honest it

1016

00:43:48,720 --> 00:43:46,870

makes sense I should be able to do it so

1017

00:43:52,380 --> 00:43:48,730

I shall give it me do want me to start

1018

00:43:58,100 --> 00:43:52,390

now sure okay so what I would do is go

1019

00:44:00,600 --> 00:43:58,110

into your auric field bioplasmic field

1020

00:44:05,280 --> 00:44:00,610

so I shut my eyes just because I'm doing

1021

00:44:06,990 --> 00:44:05,290

it I suppose remotely are you open to

1022

00:44:17,700 --> 00:44:07,000

people that passed overcoming this one

1023

00:44:19,710 --> 00:44:17,710

you bet okay go with me here okay it's

1024

00:44:22,610 --> 00:44:19,720

interesting because I'm also I think

1025

00:44:26,580 --> 00:44:22,620

might be linking into someone else

1026
00:44:27,810 --> 00:44:26,590
within the home so you might have to

1027
00:44:29,160 --> 00:44:27,820
bear with me on that because I feel like

1028
00:44:34,250 --> 00:44:29,170
I've got two going on

1029
00:44:38,519 --> 00:44:34,260
would that make sense very odd this so

1030
00:44:41,670 --> 00:44:38,529
is interesting I'm sometimes I have to

1031
00:44:47,450 --> 00:44:41,680
get taken to a location which I do when

1032
00:44:55,019 --> 00:44:51,269
welcome can you have that I've got

1033
00:44:58,589 --> 00:44:55,029
someone talking to me about Louie Lewis

1034
00:45:01,349 --> 00:44:58,599
by will go Louie you're shouting at me

1035
00:45:05,910 --> 00:45:01,359
so Louie Louie would be a grandfather

1036
00:45:10,529 --> 00:45:05,920
and and Lou it to me and Louis would be

1037
00:45:13,710 --> 00:45:10,539
a brother to me okay I think I've got to

1038
00:45:18,690 --> 00:45:13,720

hear a Louis Anna Lewis would that make

1039

00:45:21,630 --> 00:45:18,700

sense well only one is passed over okay

1040

00:45:26,370 --> 00:45:21,640

I need to go into this it's um so your

1041

00:45:28,380 --> 00:45:26,380

grandfather Louie has passed over he's

1042

00:45:31,559 --> 00:45:28,390

shouting he's quite um he's a strong man

1043

00:45:32,309 --> 00:45:31,569

I feel like I wanna do as I'm told not

1044

00:45:34,499 --> 00:45:32,319

in a bad way

1045

00:45:36,029 --> 00:45:34,509

I didn't write you wanna get into the

1046

00:45:38,249 --> 00:45:36,039

mediumship but there we go this is how

1047

00:45:42,230 --> 00:45:38,259

this is obviously working out I feel

1048

00:45:45,420 --> 00:45:42,240

like if I tune into your or a bear I

1049

00:45:49,319 --> 00:45:45,430

would work energetically in your lower

1050

00:45:53,400 --> 00:45:49,329

lower sacral root chakra point anything

1051
00:45:56,819 --> 00:45:53,410
to do with the male the prostate area

1052
00:46:06,120 --> 00:45:56,829
all of that does it make sense all route

1053
00:46:10,410 --> 00:46:06,130
back okay okay and also top of the neck

1054
00:46:12,269 --> 00:46:10,420
I think where the like I don't know this

1055
00:46:14,099 --> 00:46:12,279
is someone else also in the house with a

1056
00:46:20,789 --> 00:46:14,109
neck I've also got someone talking about

1057
00:46:22,829 --> 00:46:20,799
an aortic valve compromise if that makes

1058
00:46:24,269 --> 00:46:22,839
any sense we're not talking to my

1059
00:46:25,559 --> 00:46:24,279
clients because I don't call myself a

1060
00:46:28,140 --> 00:46:25,569
medium I ask some questions I know

1061
00:46:35,400 --> 00:46:28,150
you're stunning up because this is

1062
00:46:37,079 --> 00:46:35,410
scientific alright face very um your I'm

1063
00:46:39,210 --> 00:46:37,089

going to assume it's your grandfather I

1064

00:46:42,059 --> 00:46:39,220

don't know it is I'm just saying I'm

1065

00:46:42,360 --> 00:46:42,069

giving you what I'm getting he's taking

1066

00:46:46,380 --> 00:46:42,370

me

1067

00:46:48,180 --> 00:46:46,390

down it's a weird thing it's all why

1068

00:46:50,490 --> 00:46:48,190

sometimes I get imagery does that make

1069

00:46:56,000 --> 00:46:50,500

sense oh I have to piece together these

1070

00:47:00,150 --> 00:46:56,010

little packets of data and I can see is

1071

00:47:06,030 --> 00:47:00,160

like a white like white squares it's

1072

00:47:08,130 --> 00:47:06,040

very old squares and quite a drop I feel

1073

00:47:10,560 --> 00:47:08,140

like if I look down I would be dropping

1074

00:47:17,810 --> 00:47:10,570

down I don't know you're you're were to

1075

00:47:25,500 --> 00:47:21,630

have these talking about an aortic valve

1076

00:47:29,910 --> 00:47:25,510

like rupture or aneurysm I feel like I

1077

00:47:32,280 --> 00:47:29,920

have to give you that and your I would

1078

00:47:33,660 --> 00:47:32,290

if you were lying with me I wouldn't I

1079

00:47:36,390 --> 00:47:33,670

don't mean nothing that way I mean if

1080

00:47:40,280 --> 00:47:36,400

you were me if I was doing a reading for

1081

00:47:42,570 --> 00:47:40,290

you I would go straight into lower back

1082

00:47:53,660 --> 00:47:42,580

sacral you're aware of your chakra

1083

00:48:00,150 --> 00:47:55,350

Wow okay

1084

00:48:03,450 --> 00:48:00,160

they're also I'm sure me um someone in

1085

00:48:06,990 --> 00:48:03,460

what I would understand to be deep

1086

00:48:10,560 --> 00:48:07,000

financed whatever that means someone

1087

00:48:16,410 --> 00:48:10,570

very very um within finance or real

1088

00:48:20,130 --> 00:48:16,420

estate or what we call estate agency

1089

00:48:24,980 --> 00:48:20,140

here I've got a model because I've got

1090

00:48:31,650 --> 00:48:24,990

something from have we got Mary Mary yes

1091

00:48:34,650 --> 00:48:31,660

linked to someone else not you yes I've

1092

00:48:36,000 --> 00:48:34,660

got lots of information hitting me at

1093

00:48:38,100 --> 00:48:36,010

once right

1094

00:48:40,110 --> 00:48:38,110

I mean I can kind of tell you who that

1095

00:48:41,580 --> 00:48:40,120

who that is or I could maybe not tell

1096

00:48:46,109 --> 00:48:41,590

you who it is until late that's fine

1097

00:48:52,089 --> 00:48:50,289

Wow okay I'm more I'm kind of I get see

1098

00:48:55,089 --> 00:48:52,099

yeah it's funny when I'm doing this I

1099

00:48:58,960 --> 00:48:55,099

even get fixated in my mind I'm stuck on

1100

00:49:00,970 --> 00:48:58,970

those squares the white square things

1101
00:49:03,339 --> 00:49:00,980
well they're not like that they're like

1102
00:49:07,140 --> 00:49:03,349
hey I'm like a wall

1103
00:49:10,900 --> 00:49:07,150
sorry old I can't kind of move beyond I

1104
00:49:14,740 --> 00:49:10,910
feel like I'm looking out like quite a

1105
00:49:17,880 --> 00:49:14,750
lot of fun so it looks like it sounds I

1106
00:49:21,279 --> 00:49:17,890
think it looks like a cruise ship a

1107
00:49:24,130 --> 00:49:21,289
house that looks like a cruise ship I

1108
00:49:27,309 --> 00:49:24,140
can't make any sense of this I'm sorry

1109
00:49:29,829 --> 00:49:27,319
well I'll kind of give you some stuff

1110
00:49:32,140 --> 00:49:29,839
there so these white squares are the are

1111
00:49:34,750 --> 00:49:32,150
the house that I live in it's a very

1112
00:49:39,309 --> 00:49:34,760
modern house it's kind of very close to

1113
00:49:41,980 --> 00:49:39,319

the ocean it would definitely if you're

1114

00:49:44,890 --> 00:49:41,990

from various points of view

1115

00:49:46,680 --> 00:49:44,900

yeah right on exactly and it's unusual

1116

00:49:55,200 --> 00:49:46,690

with the squares it sees huge

1117

00:49:58,029 --> 00:49:55,210

architectural squares okay I'm just

1118

00:50:00,870 --> 00:49:58,039

saying that I feel like I'm standing on

1119

00:50:07,180 --> 00:50:00,880

a kind of patio if that makes sense

1120

00:50:10,089 --> 00:50:07,190

looking out and it would you say your

1121

00:50:11,920 --> 00:50:10,099

house is whatever large yes I live in

1122

00:50:14,829 --> 00:50:11,930

England we live in rabbit hutches that

1123

00:50:18,910 --> 00:50:14,839

we have to accept this for me that would

1124

00:50:22,480 --> 00:50:18,920

be a nice a palatial domain would be

1125

00:50:27,609 --> 00:50:22,490

okay yes and I think grandfather has a

1126

00:50:29,349 --> 00:50:27,619

lot of pride in in that he would have

1127

00:50:33,069 --> 00:50:29,359

been maybe someone that would have held

1128

00:50:35,980 --> 00:50:33,079

a great pride with accomplishment or

1129

00:50:38,349 --> 00:50:35,990

achievement materially I don't mean that

1130

00:50:41,349 --> 00:50:38,359

in a bad way I just mean absolutely

1131

00:50:44,620 --> 00:50:41,359

considering he considering he came to

1132

00:50:48,130 --> 00:50:44,630

the United States with \$5 sewn into the

1133

00:50:51,400 --> 00:50:48,140

inside of his jacket 14 years old from

1134

00:50:53,710 --> 00:50:51,410

Greece and now you know okay

1135

00:50:56,650 --> 00:50:53,720

so I'll give you that one then because

1136

00:50:57,960 --> 00:50:56,660

there is a sense of really really deep

1137

00:51:02,730 --> 00:50:57,970

pride and a come

1138

00:51:07,140 --> 00:51:02,740

women of perhaps where you or you and

1139

00:51:08,790 --> 00:51:07,150

whoever have accomplished in your life

1140

00:51:11,990 --> 00:51:08,800

does that make sense I'm not trying to

1141

00:51:14,580 --> 00:51:12,000

be all sort of hokey and sure sure sure

1142

00:51:18,030 --> 00:51:14,590

it's really good looking at and there's

1143

00:51:20,339 --> 00:51:18,040

a moustache man as well okay that's

1144

00:51:22,620 --> 00:51:20,349

passed over or or is in the family but

1145

00:51:24,030 --> 00:51:22,630

really moustache and I've got my only

1146

00:51:27,480 --> 00:51:24,040

reason I go like I've got a thing about

1147

00:51:30,060 --> 00:51:27,490

moustache means for this week did he

1148

00:51:33,540 --> 00:51:30,070

have a moustache really it's quite a

1149

00:51:36,260 --> 00:51:33,550

thick one I've got a definitely a male

1150

00:51:38,580 --> 00:51:36,270

with a thick thick thick moustache a

1151
00:51:40,320 --> 00:51:38,590
different type my dad didn't wear a

1152
00:51:43,140 --> 00:51:40,330
moustache all the time but he did

1153
00:51:51,630 --> 00:51:43,150
sometimes and when he did was it quite

1154
00:51:56,670 --> 00:51:51,640
was a tree sight not really no okay no

1155
00:52:00,720 --> 00:51:56,680
okay you are the sensitive child I'm

1156
00:52:02,430 --> 00:52:00,730
being told okay sibling why so you've

1157
00:52:05,460 --> 00:52:02,440
got siblings but I'm being told you are

1158
00:52:06,960 --> 00:52:05,470
very sensitive where you would do this

1159
00:52:09,329 --> 00:52:06,970
if you weren't so you do not mean you

1160
00:52:11,220 --> 00:52:09,339
can kind of but they're saying actually

1161
00:52:16,170 --> 00:52:11,230
you you're very deep you have a lot of

1162
00:52:20,849 --> 00:52:16,180
fun actually you've been given quite a

1163
00:52:22,140 --> 00:52:20,859

bit of crap within your lifetime does

1164

00:52:24,359 --> 00:52:22,150

that make sense that I think you've

1165

00:52:27,270 --> 00:52:24,369

really acted that off a bit and not

1166

00:52:29,250 --> 00:52:27,280

internalize but I do feel they say that

1167

00:52:30,180 --> 00:52:29,260

you do kind of internalize it whether

1168

00:52:33,000 --> 00:52:30,190

you want or not

1169

00:52:35,430 --> 00:52:33,010

male condition maybe but you're very

1170

00:52:38,099 --> 00:52:35,440

honest and you've got integrity and as a

1171

00:52:41,339 --> 00:52:38,109

child I've been told infinitely

1172

00:52:43,170 --> 00:52:41,349

questioning everything or the Majan you

1173

00:52:46,890 --> 00:52:43,180

might be in a bit of pain in the in the

1174

00:52:47,550 --> 00:52:46,900

rump as a child in questioning would

1175

00:52:58,020 --> 00:52:47,560

that make sense

1176

00:52:59,900 --> 00:52:58,030

sure okay I would suggest flushing of

1177

00:53:02,460 --> 00:52:59,910

your system

1178

00:53:04,530 --> 00:53:02,470

orally speaking the auric fields can

1179

00:53:11,820 --> 00:53:04,540

hold a listening I would also go back

1180

00:53:15,150 --> 00:53:11,830

maybe 17 years ago within your why

1181

00:53:16,740 --> 00:53:15,160

called Heinlein so if you were with me

1182

00:53:19,230 --> 00:53:16,750

it's a bit difficult because I kind of

1183

00:53:22,680 --> 00:53:19,240

want to get into your aura now properly

1184

00:53:25,770 --> 00:53:22,690

without kind of doing in this sort of by

1185

00:53:27,840 --> 00:53:25,780

locating way but I would probably need

1186

00:53:30,780 --> 00:53:27,850

to pull some stuff about seventeen years

1187

00:53:32,670 --> 00:53:30,790

ago it's not exact but we this would go

1188

00:53:36,000 --> 00:53:32,680

back into the aura fields where you get

1189

00:53:37,830 --> 00:53:36,010

stuff that's stuck so whether it's

1190

00:53:40,590 --> 00:53:37,840

seventeen years ago or seventeen days

1191

00:53:43,070 --> 00:53:40,600

ago that still sits with a soul does

1192

00:53:48,240 --> 00:53:43,080

that make sense and is this all from

1193

00:53:52,820 --> 00:53:48,250

deep questioning I've got a very strong

1194

00:53:55,320 --> 00:53:52,830

female coming in this is to do with I

1195

00:53:57,860 --> 00:53:55,330

want to say Mary but I don't think it is

1196

00:54:02,300 --> 00:53:57,870

I think I would want to say Mary or Mary

1197

00:54:06,140 --> 00:54:02,310

not as he married me but Mary or Murray

1198

00:54:11,610 --> 00:54:06,150

with another female the only Murray I

1199

00:54:15,510 --> 00:54:11,620

connect with is still alive okay but

1200

00:54:22,740 --> 00:54:15,520

around the family circle yes it would be

1201

00:54:28,490 --> 00:54:22,750

my brother's wife okay I'm Annie's

1202

00:54:39,120 --> 00:54:28,500

little stuff with her what kind of stuff

1203

00:54:41,490 --> 00:54:39,130

skeletal or spying all hips hips and

1204

00:54:44,730 --> 00:54:41,500

joints she just had like an injection a

1205

00:54:47,670 --> 00:54:44,740

Cell Stem kind of thing for her is

1206

00:54:50,190 --> 00:54:47,680

specifically for hips or number four

1207

00:54:56,130 --> 00:54:50,200

five back region it was for the knees

1208

00:54:58,500 --> 00:54:56,140

actually okay but trees are just being

1209

00:55:05,880 --> 00:54:58,510

given to shut that out there in there as

1210

00:55:09,390 --> 00:55:05,890

well good okay well I would obviously I

1211

00:55:12,480 --> 00:55:09,400

need to do this if you were lying on a

1212

00:55:14,700 --> 00:55:12,490

couch I will be probably doing what we

1213

00:55:20,610 --> 00:55:14,710

were discussing what is healing but I do

1214

00:55:22,380 --> 00:55:20,620

we do a sort of them I would sort of try

1215

00:55:25,050 --> 00:55:22,390

and clear the mental layer I know that

1216

00:55:27,520 --> 00:55:25,060

you want answers and that's fine

1217

00:55:37,300 --> 00:55:27,530

but I do feel they're saying don't try

1218

00:55:38,740 --> 00:55:37,310

and over don't overanalyze okay so I've

1219

00:55:44,980 --> 00:55:38,750

got two people pulling me on different

1220

00:55:47,950 --> 00:55:44,990

sort of ways so your um your ancestry is

1221

00:55:59,590 --> 00:55:47,960

not from here obviously and from a very

1222

00:56:01,870 --> 00:55:59,600

proud nation right okay okay they're

1223

00:56:09,220 --> 00:56:01,880

also talking about when I say they

1224

00:56:14,460 --> 00:56:09,230

whoever I'm speaking to they're talking

1225

00:56:20,920 --> 00:56:14,470

about your partner right my partner you

1226
00:56:26,230 --> 00:56:20,930
know whatever it is Wow okay would you

1227
00:56:28,300 --> 00:56:26,240
say very formidable I don't be careful

1228
00:56:33,850 --> 00:56:28,310
when we go ahead no I'll be very very

1229
00:56:37,840 --> 00:56:33,860
very strong mentally really strong okay

1230
00:56:41,410 --> 00:56:37,850
she's a forensic psychologist she's okay

1231
00:56:43,660 --> 00:56:41,420
so she has to think in a very very

1232
00:56:45,550 --> 00:56:43,670
conceptualized way where's your a bit

1233
00:56:47,470 --> 00:56:45,560
more expensive is that fair you've got

1234
00:56:49,410 --> 00:56:47,480
what I called the female brain and she

1235
00:56:53,800 --> 00:56:49,420
might have more like all the male brain

1236
00:56:56,850 --> 00:56:53,810
it's not about gender at all energy yeah

1237
00:57:00,910 --> 00:56:56,860
no I get what you mean I don't I don't I

1238
00:57:04,770 --> 00:57:00,920

don't really resonate with that because

1239

00:57:08,290 --> 00:57:04,780

I feel like you know I've gone down this

1240

00:57:12,850 --> 00:57:08,300

science and logic path as a way to

1241

00:57:14,260 --> 00:57:12,860

access the deeper okay you know and

1242

00:57:17,140 --> 00:57:14,270

that's like one of the things I say I'm

1243

00:57:19,330 --> 00:57:17,150

on the show often especially for you

1244

00:57:20,740 --> 00:57:19,340

know some people to understand

1245

00:57:22,210 --> 00:57:20,750

especially for women to understand that

1246

00:57:25,210 --> 00:57:22,220

sometimes that's how men have to work

1247

00:57:27,940 --> 00:57:25,220

you know you have to know it I have to

1248

00:57:30,670 --> 00:57:27,950

know it logically and overanalyze before

1249

00:57:32,740 --> 00:57:30,680

I can feel it you know make sense but

1250

00:57:35,410 --> 00:57:32,750

you are very deep you do have that deep

1251
00:57:38,050 --> 00:57:35,420
men time to mask it perhaps a little bit

1252
00:57:40,210 --> 00:57:38,060
more about well I think

1253
00:57:41,740 --> 00:57:40,220
it to me it's it's like a given I mean

1254
00:57:43,510 --> 00:57:41,750
who are we why are we here if you're not

1255
00:57:48,100 --> 00:57:43,520
asked if you're not asking those

1256
00:57:49,840 --> 00:57:48,110
questions what are you doing you know so

1257
00:57:52,360 --> 00:57:49,850
many people don't do they they don't ask

1258
00:57:54,340 --> 00:57:52,370
those questions they just take that the

1259
00:57:57,160 --> 00:57:54,350
illusion is enough for them and they go

1260
00:57:58,330 --> 00:57:57,170
about their lives and things I think I

1261
00:57:59,710 --> 00:57:58,340
might have just lost my connection I

1262
00:58:02,410 --> 00:57:59,720
think going into the mental layer I'm

1263
00:58:04,540 --> 00:58:02,420

sorry about that but that's okay you

1264

00:58:11,580 --> 00:58:04,550

know what let's let's you didn't I

1265

00:58:17,130 --> 00:58:14,560

well it's it's always it's always

1266

00:58:19,570 --> 00:58:17,140

interesting it's always great I

1267

00:58:22,090 --> 00:58:19,580

appreciate it you know we ought to do

1268

00:58:23,650 --> 00:58:22,100

because we've spent some great time

1269

00:58:25,660 --> 00:58:23,660

together and your answers have been

1270

00:58:27,550 --> 00:58:25,670

fantastic and I hope that they're useful

1271

00:58:30,970 --> 00:58:27,560

to some people I do want to return to

1272

00:58:33,900 --> 00:58:30,980

that question that I had again what is

1273

00:58:36,910 --> 00:58:33,910

your hunch Cathy of what if somebody

1274

00:58:39,840 --> 00:58:36,920

investigated it a little bit with kind

1275

00:58:42,820 --> 00:58:39,850

of the best scientific means we have now

1276
00:58:45,130 --> 00:58:42,830
could we make some progress that could

1277
00:58:47,890 --> 00:58:45,140
help people where could we get that app

1278
00:58:50,650 --> 00:58:47,900
where could we get that okay I think

1279
00:58:52,900 --> 00:58:50,660
problem with science or scientists is

1280
00:58:54,580 --> 00:58:52,910
they've got a very it's very concrete

1281
00:58:58,750 --> 00:58:54,590
viewpoint isn't it's really hard to

1282
00:59:01,090 --> 00:58:58,760
breach those walls as it were so what I

1283
00:59:05,080 --> 00:59:01,100
would say it until science becomes more

1284
00:59:06,040 --> 00:59:05,090
open-minded totally totally get what

1285
00:59:09,040 --> 00:59:06,050
you're saying I'll give you a more

1286
00:59:12,100 --> 00:59:09,050
specific example we have auric cameras

1287
00:59:14,530 --> 00:59:12,110
now or yes I've got one myself okay so

1288
00:59:16,270 --> 00:59:14,540

there is some technology yes my

1289

00:59:18,310 --> 00:59:16,280

understanding is that that technology is

1290

00:59:21,160 --> 00:59:18,320

actually improved a little bit in the

1291

00:59:23,890 --> 00:59:21,170

last 10 20 years where do you see

1292

00:59:25,690 --> 00:59:23,900

similar kind of gains that could be made

1293

00:59:27,460 --> 00:59:25,700

you know we have spirit communication

1294

00:59:29,620 --> 00:59:27,470

devices that people are playing around

1295

00:59:32,160 --> 00:59:29,630

with you know where do you see some

1296

00:59:36,580 --> 00:59:32,170

progress potentially being made in that

1297

00:59:38,860 --> 00:59:36,590

merger of technology and kind of

1298

00:59:41,980 --> 00:59:38,870

extended consciousness and is that a

1299

00:59:44,130 --> 00:59:41,990

direction that is is positive do you

1300

00:59:46,180 --> 00:59:44,140

think that's good

1301
00:59:49,000 --> 00:59:46,190
personally no you probably know a bit

1302
00:59:51,820 --> 00:59:49,010
turkey folks so the aura camera for me

1303
00:59:55,030 --> 00:59:51,830
is a teaching tool it's great to eat

1304
00:59:57,970 --> 00:59:55,040
Laura live chakra points so if you're

1305
01:00:00,310 --> 00:59:57,980
pretending in pictures so you can

1306
01:00:02,920 --> 01:00:00,320
demonstrate that if you're healing

1307
01:00:05,470 --> 01:00:02,930
someone it can affect the energy of that

1308
01:00:09,220 --> 01:00:05,480
person and they can see it do you find

1309
01:00:11,670 --> 01:00:09,230
from your experience that it is for lack

1310
01:00:14,410 --> 01:00:11,680
of a better word accurate is the camera

1311
01:00:19,150 --> 01:00:14,420
accurately portraying what you're seeing

1312
01:00:22,900 --> 01:00:19,160
with your personal energy work it's not

1313
01:00:26,710 --> 01:00:22,910

the tool that I use I use it to teach

1314

01:00:29,230 --> 01:00:26,720

but I've I'm hands-on I prefer the

1315

01:00:30,850 --> 01:00:29,240

organic way of doing it I think it can

1316

01:00:33,490 --> 01:00:30,860

show a certain I think it shows a lot of

1317

01:00:36,820 --> 01:00:33,500

heat the one that I've got apparently is

1318

01:00:39,010 --> 01:00:36,830

on bioplasmic so which is great because

1319

01:00:41,500 --> 01:00:39,020

it can show different colors there are

1320

01:00:43,150 --> 01:00:41,510

certain aspects where if you put just a

1321

01:00:45,550 --> 01:00:43,160

love into the heart with someone's heart

1322

01:00:47,110 --> 01:00:45,560

structures shut down a bit it does at

1323

01:00:51,190 --> 01:00:47,120

the heart chakra does open up so there

1324

01:00:54,490 --> 01:00:51,200

are aspects of that but I don't know I'm

1325

01:00:55,840 --> 01:00:54,500

not sure that technology I'm not sure I

1326

01:00:57,730 --> 01:00:55,850

don't know if I meet like you're saying

1327

01:00:59,320 --> 01:00:57,740

the mediumship app that would be I mean

1328

01:01:02,710 --> 01:00:59,330

we've got leadership phone lines for

1329

01:01:05,770 --> 01:01:02,720

that to be there yes yes that's right

1330

01:01:11,410 --> 01:01:05,780

eight one eight hundred meeting which

1331

01:01:14,140 --> 01:01:11,420

I'm not a fan of well Kathy it's it's

1332

01:01:16,150 --> 01:01:14,150

been great so and we've talked about so

1333

01:01:18,490 --> 01:01:16,160

many topics how people can follow along

1334

01:01:21,730 --> 01:01:18,500

and find something interesting there and

1335

01:01:24,280 --> 01:01:21,740

I definitely hope that they'll check you

1336

01:01:26,200 --> 01:01:24,290

out if they're in the air so well what

1337

01:01:29,050 --> 01:01:26,210

area I'm have to confess I don't know

1338

01:01:31,660 --> 01:01:29,060

what area of the UK of England are you

1339

01:01:35,020 --> 01:01:31,670

are you in again so I mean if some which

1340

01:01:39,100 --> 01:01:35,030

is in sorry famous for the UM the Derby

1341

01:01:43,120 --> 01:01:39,110

horse race awesome the outskirts of

1342

01:01:45,640 --> 01:01:43,130

London so any plans for any other ways

1343

01:01:49,570 --> 01:01:45,650

to get your message out there do you

1344

01:01:53,290 --> 01:01:49,580

have any book plans I am writing a book

1345

01:01:55,540 --> 01:01:53,300

I've been writing for about 40 years but

1346

01:01:57,880 --> 01:01:55,550

it keeps evolving because because the

1347

01:02:00,850 --> 01:01:57,890

works evolving I just think well that's

1348

01:02:03,370 --> 01:02:00,860

outdated now so it's a minefield because

1349

01:02:05,740 --> 01:02:03,380

we are evolving I think so quickly

1350

01:02:08,499 --> 01:02:05,750

um I got my website I love to write

1351

01:02:11,069 --> 01:02:08,509

blogs so I've got blogs that people can

1352

01:02:13,690 --> 01:02:11,079

read if they're so inclined

1353

01:02:16,420 --> 01:02:13,700

the website address will include it in

1354

01:02:20,079 --> 01:02:16,430

the show notes but what is the UW Kathy

1355

01:02:22,870 --> 01:02:20,089

Mingo comm so and I've got a thing

1356

01:02:25,240 --> 01:02:22,880

called consciousness TV which I'm just

1357

01:02:27,579 --> 01:02:25,250

trying to it shows people a how to

1358

01:02:29,769 --> 01:02:27,589

cieaura which is really easy to teach

1359

01:02:31,620 --> 01:02:29,779

someone to see it is if you can take the

1360

01:02:33,730 --> 01:02:31,630

mind out of the equation which is I

1361

01:02:36,190 --> 01:02:33,740

think the biggest problem for a lot of

1362

01:02:39,099 --> 01:02:36,200

communication is the pesky mind if you

1363

01:02:43,690 --> 01:02:39,109

can take that out I'm seeing more I can

1364

01:02:48,099 --> 01:02:43,700

teach you to do that on the TV show and

1365

01:02:51,670 --> 01:02:48,109

I'm also doing a ghost hunt thing I'm my

1366

01:02:55,660 --> 01:02:51,680

personal I suppose my cheeky little

1367

01:02:57,039 --> 01:02:55,670

habit is paranormal investigations so

1368

01:02:58,749 --> 01:02:57,049

that's what I'm doing I've got my first

1369

01:03:00,549 --> 01:02:58,759

one on November 9th but and we've got

1370

01:03:04,870 --> 01:03:00,559

the technology we've got the Ovilus ears

1371

01:03:07,450 --> 01:03:04,880

we've got a doll that has EMF static and

1372

01:03:10,749 --> 01:03:07,460

her eyes go blue when a spirit comes on

1373

01:03:15,670 --> 01:03:10,759

it's fun that's my down time I go to

1374

01:03:18,999 --> 01:03:15,680

ghost listen do that that is so cool

1375

01:03:21,700 --> 01:03:19,009

that is so awesome and so again folks

1376

01:03:24,730 --> 01:03:21,710

it's been great spending this time with

1377

01:03:26,380 --> 01:03:24,740

Kathy Mingo we tells you how to check

1378

01:03:28,660 --> 01:03:26,390

out her website and please do that and

1379

01:03:31,120 --> 01:03:28,670

Kathy just thanks so much for joining me

1380

01:03:33,579 --> 01:03:31,130

and doing this demonstration as well it

1381

01:03:37,359 --> 01:03:33,589

was all right it wasn't how I normally

1382

01:03:41,309 --> 01:03:37,369

do it so I apologize no no no apologies

1383

01:03:46,599 --> 01:03:41,319

is great and again thanks so much

1384

01:03:48,640 --> 01:03:46,609

ok thanks Alex thank you everyone thanks

1385

01:03:52,559 --> 01:03:48,650

again to Kathy Mingo for joining me

1386

01:03:55,690 --> 01:03:52,569

today on skeptic oh wow what a fantastic

1387

01:03:58,410 --> 01:03:55,700

interview you know we've interviewed on

1388

01:03:59,680 --> 01:03:58,420

the show of course of many many

1389

01:04:03,849 --> 01:03:59,690

fantastic

1390

01:04:07,299 --> 01:04:03,859

scholars academics researchers but you

1391

01:04:10,269 --> 01:04:07,309

know for the pound-for-pound quality

1392

01:04:12,460 --> 01:04:10,279

information about at least giving us a

1393

01:04:14,090 --> 01:04:12,470

direction to look at some of these

1394

01:04:17,780 --> 01:04:14,100

deeper questions

1395

01:04:20,630 --> 01:04:17,790

can you beat that just pretty amazing in

1396

01:04:23,650 --> 01:04:20,640

a very short period of time one question

1397

01:04:26,570 --> 01:04:23,660

I up from this interview and that is

1398

01:04:30,740 --> 01:04:26,580

what do you make of auras do you think

1399

01:04:34,130 --> 01:04:30,750

the aura thing is real and what is the

1400

01:04:38,600 --> 01:04:34,140

relationship between auras and healing

1401
01:04:40,730 --> 01:04:38,610
if we can speculate about that so let me

1402
01:04:43,340 --> 01:04:40,740
know your thoughts to that question if

1403
01:04:44,390 --> 01:04:43,350
you want to connect with me and other

1404
01:04:46,550 --> 01:04:44,400
people from the show

1405
01:04:48,620 --> 01:04:46,560
I recommend the best place to do it is

1406
01:04:50,690 --> 01:04:48,630
the skeptical forum you'll definitely

1407
01:04:52,640 --> 01:04:50,700
get an answer from me or you most likely

1408
01:04:54,200 --> 01:04:52,650
though I'm on 90% you'll get an answer

1409
01:04:56,660 --> 01:04:54,210
for me if you've got a skeptical forum

1410
01:04:59,300 --> 01:04:56,670
I'm kind of hit or miss on other places

1411
01:05:01,640 --> 01:04:59,310
just depending on how all scattered I am

1412
01:05:03,800 --> 01:05:01,650
but skeptical forum you'll find me and

1413
01:05:05,210 --> 01:05:03,810

some other really great people I have

1414

01:05:07,520 --> 01:05:05,220

learned so much from just got to go for

1415

01:05:09,770 --> 01:05:07,530

them I always say that but if you do

1416

01:05:12,080 --> 01:05:09,780

want to check that out that's great it's

1417

01:05:13,730 --> 01:05:12,090

there for free and I hope you'll have a

1418

01:05:15,170 --> 01:05:13,740

good experience if you don't have a good

1419

01:05:17,090 --> 01:05:15,180

experience you want to know and we'll

1420

01:05:19,340 --> 01:05:17,100

get on the people who are getting in

1421

01:05:22,310 --> 01:05:19,350

your way so do check out the forum if

1422

01:05:24,740 --> 01:05:22,320

you're so inclined and of course check

1423

01:05:28,220 --> 01:05:24,750

out sceptical website for all our

1424

01:05:31,430 --> 01:05:28,230

previous shows over 400 of them again

1425

01:05:33,890 --> 01:05:31,440

they're all available there for free mp3

1426

01:05:37,040 --> 01:05:33,900

download you can take them run with them

1427

01:05:40,550 --> 01:05:37,050

do what you like no firewall no ads any

1428

01:05:42,170 --> 01:05:40,560

of that check out skeptic Oh calm I have

1429

01:05:43,400 --> 01:05:42,180

a number of shows coming up I have some

1430

01:05:46,670 --> 01:05:43,410

great ones already in the can that I

1431

01:05:47,780 --> 01:05:46,680

can't wait to get out to you I'm even

1432

01:05:50,090 --> 01:05:47,790

doing the show every week and I still

1433

01:05:52,940 --> 01:05:50,100

can't stop getting more and more content

1434

01:05:54,470 --> 01:05:52,950

content glut isn't there aren't you like

1435

01:05:57,440 --> 01:05:54,480

me don't you find that there's so many

1436

01:05:59,690 --> 01:05:57,450

more shows to listen to then you can get

1437

01:06:01,190 --> 01:05:59,700

around to so you're gonna have to pick

1438

01:06:02,720 --> 01:06:01,200

and choose but we all pick and choose

1439

01:06:04,880 --> 01:06:02,730

you can pick the shows that you want to

1440

01:06:07,730 --> 01:06:04,890

listen to and hopefully I can offer you

1441

01:06:10,640 --> 01:06:07,740

something that adds to your knowledge

1442

01:06:12,380 --> 01:06:10,650

base of course if you liked the show and

1443

01:06:16,760 --> 01:06:12,390

feel a need to share the show that

1444

01:06:21,360 --> 01:06:16,770

people who need it please do so and as